

Resources for Families on Parent-Child Communication

From Research to Practice

This document provides a selected list of resources and materials to help parents begin talking with their children about sex. Resources are arranged under: 1) Web sites for parents, 2) Web sites for young people, 3) books and videos, and 4) organizations. Within each category, entries are listed in alphabetical order by organization or title. All the print materials can be ordered from local bookstores or via Advocates' Web site at <http://www.advocatesforyouth.org/parents/resources.htm>.

Recommended Web Sites for Parents

- Families Are Talking—<http://www.familiesaretalking.org>
- Parents' Sex Ed Center—<http://www.advocatesforyouth.org/parents/>
- ParentSoup.com—<http://www.parentsoup.com>
- ParentsPlace.com—<http://www.parentsplace.com>
- Talking with Kids about Tough Issues—<http://www.talkingwithkids.org>

Recommended Web Sites for Young People

- Ambiente Joven—<http://www.ambientejoven.org>
- Birds and Bees—<http://www.birdsandbees.org>
- The Body—<http://www.thebody.com>
- Go Ask Alice!—<http://www.goaskalice.columbia.edu>
- I Wanna Know—<http://www.iwannaknow.org>
- My Sistahs—<http://www.mysistahs.org>
- My Voice Counts! Youth Action Center—<http://www.advocatesforyouth.org/youth/>
- OutProud—<http://www.outproud.org>
- Sex, Etc.—<http://www.sxetc.org>
- Sex Talk—<http://www.sextalk.org>
- Teenwire—<http://www.teenwire.com>
- Youth Resource—<http://www.youthresource.com>

Recommended Books

All About Sex: A Family Resource on Sex and Sexuality

Ronald Filiberti Moglia & Jon Knowles
Three Rivers Press, 1997
ISBN: 0609801465

Bellybuttons Are Navels

Mark Schoen
Prometheus Books, 1992
ISBN: 0879755857

Beyond the Big Talk: Every Parent's Guide to Raising Sexually Healthy Teens from Middle School to High School and Beyond

Debra Haffner
New Market Press, 2002
ISBN: 1557045178

Caution: Do Not Open Until Puberty! An Introduction to Sexuality for Young Adults with Disabilities

Rick Enright
Devinjer House, 1995
ISBN: 0968041507

Did the Sun Shine Before You Were Born? A Sex Education Primer

Sol & Judith Gordon
Aperture, 1974
ISBN: 0893881791

The Family Guide to Sex and Relationships

Richard Walker
Macmillan Publishing USA, 1996
ISBN: 002861433X

Flight of the Stork: What Children Think (and When) About Sex and Family Building

Anne C. Berstein
Perspective Press, 1996
ISBN: 0944934099

From Diapers to Dating: A Parent's Guide to Raising Sexually Healthy Children

Debra W. Haffner
Newmarket Press, 2000
ISBN: 1557044260

The Go Ask Alice Book of Answers: A Guide to Good Physical, Sexual, and Emotional Health

Columbia University's Health Education Program
Henry Holt & Company, Incorporated, 1998
ISBN: 0805055703

Happy Birth Day!

Robie Harris
Candlewick Press, 2002
ISBN: 0763609749

"But How'd I Get in There in the First Place?": Talking to Your Young Child about Sex

Deborah Roffman
Perseus Press, 2002
ISBN: 0738205729

How Can You Tell if You're Really in Love?

Sol Gordon
Adams Media Corporation, 2001
ISBN: 1580624723

How to Talk to Your Children about AIDS

SIECUS, 1994
www.siecus.org

How You Were Born

Joanna Cole
Morrow, William & Co., 1994
ISBN: 068812061X

It's Perfectly Normal: Growing Up, Changing Bodies, Sex and Sexual Health

Robie Harris
Candlewick Press, 1996
ISBN: 1564021599

It's So Amazing: A Book about Eggs, Sperm, Birth, Babies & Families

Robie Harris
Candlewick Press, 2002
ISBN: 0763613215

Lesbian and Gay Youth: Care and Counseling

Donna Futterman & Caitlin Ryan
Columbia University Press, 1998
ISBN: 0231111916

My Body, My Self for Boys: The What's Happening to My Body? Workbook

Lynda Madaras & Area Madaras
Newmarket Press, 2000
ISBN: 1557044406

My Body, My Self For Girls: The What's Happening to My Body? Workbook

Lynda Madaras & Area Madaras
Newmarket Press, 2000
ISBN: 1557044414

Now What Do I Do?

Robert Selverstone
SIECUS, 1996
www.siecus.org

Out With It: Gay and Straight Teens Write about Homosexuality

Paul Fell Cartoons, 1996
ISBN: 0966125606

Period

JoAnn Loulan, Bonnie Lopez & Bonnie Worthen
Book Peddlers, 2001
ISBN: 0916773965

Raising a Child Responsibly in a Sexually Permissive World

Sol Gordon & Judith Gordon
Adams Media Corporation, 1999
ISBN: 1580621775

Raising Sexually Healthy Children: A Loving Guide for Parents, Teachers and Care-Givers

Lynn Leight
Morrow, William & Co, 1990
ISBN: 0380708574

Sex and Sensibility: The Thinking Parent's Guide to Talking Sense about Sex

Deborah Roffman
Perseus Press, 2001
ISBN: 0738205206

The Sex Education Dictionary for Teens and Preteens

Dean Hoch & Nancy Hoch
Landmark Publishing, 1990
ISBN: 0962420905

Sex Stuff for Kids 7-17

Carole Marsh

Gallopade Publishing Group, 1997

ISBN: 0793368901

Sexual Development of Young Children

Virginia Lively & Edwin Lively

Delmar Thomson Learning, 1991

ISBN: 0827341989

Ten Talks Parents Must Have with Their Children about Sex and Character

Pepper Schwartz & Dominic Cappello

Hyperion Press, 2000

ISBN: 0786885483

Two Teenagers in Twenty: Writings by Gay & Lesbian Youth

Ann Heron

Alyson Publications, 1995

ISBN: 1555832822

What's Happening to My Body? Book for Boys: A Growing-up Guide for Parents and Sons

Lynda Madaras

Newmarket Press, 2000

ISBN: 1557044430

What's Happening to My Body? Book for Girls: A Growing-up Guide for Parents and Daughters

Lynda Madaras

Newmarket Press, 2000

ISBN: 1557044449

What's the Big Secret?: Talking About Sex with Boys and Girls

Laurie Krasoy Brown

Little, Brown and Company, 2000

ISBN: 0316101834

When Living Hurts: A Lively What-to-Do Book for Yourself or Someone You Care about Who Feels Discouraged, Sad, Lonely, Hopeless, Angry or Frustrated, Unhappy or Bored, Depressed, Suicidal : For Teenagers and Young Adults

Sol Gordon

Union of American Hebrew Congregations, 1994

ISBN: 0807405011

When Sex is the Subject: Attitudes and Answers for Young Children

Pamela Wilson

ETR Associates, 1991

ISBN: 1560710640

Words Can Work: When Talking with Kids about Sexual Health

Jeanne Blake

Family Health Productions, Inc., 2004

ISBN: 097531470X

Recommended Videos*

In Our Own Words: Teens and AIDS

Family Health Productions, Inc., 1995

Boston, MA

The Power of Girls: Inside and Out

Family Health Productions, Inc., 2003

Boston, MA

Raising Healthy Kids: Families Talk About Sexual Health

Family Health Productions, Inc., 1997

Boston, MA

Talking About Sex: A Guide for Families

Planned Parenthood Federation of America, 1996

New York, NY

Recommended Organizations

Advocates for Youth

2000 M Street NW, Suite 750

Washington, DC 20036

Phone: 202.419.3420

Web: <http://www.advocatesforyouth.org>

American Academy of Pediatrics

141 Northwest Point Boulevard

Elk Grove Village, IL 60007

Phone: 847.228.5005

Web: <http://www.aap.org>

*See the list of recommended organizations for address information to order videos.

American Association for Health Education

1900 Association Drive
Reston, VA 20191-1598
Phone: 703.476.3400
http://www.aahperd.org/aahe/

**American Association of Sex Educators,
Counselors & Therapists**

PO Box 1960
Ashland, VA 23005-1960
Phone: 804.752.0026
Web: http://www.aasect.org

American College of Obstetricians & Gynecologists

409 12th Street SW
Washington, DC 20024-2188
Phone: 202.638.5577
Web: http://www.acog.org

American Medical Association

515 N. State Street
Chicago, IL 60610
Phone: 312.464.5315
Web: http://www.ama-assn.org

American Red Cross, Health & Safety Services

8111 Gatehouse Road, 6th Floor
Falls Church, VA 22042
Phone: 703.206.7421
Web: http://www.redcross.org/services/hss/

American School Health Association

P.O. Box 708
Kent, OH 44240
Phone: 330.678.1601
Web: http://www.ashaweb.org

Children's Defense Fund

25 E Street NW
Washington, DC 20001
Phone: 202.628.8787
http://www.childrendefense.org

CDC National Prevention Information Network

P.O. Box 6003
Rockville, MD 20849-6003
Phone: 1.800.458.523
Web: http://www.cdcnpin.org

Family Health Productions

PO Box 1639
Gloucester, MA 01930
Phone 978.282.9970
Web: http://www.abouthhealth.com

Girls Incorporated

120 Wall Street
New York, NY 10005
Phone: 212.509.2000
Web: http://www.girlsinc.org

National Council of La Raza

1111 19th Street NW, Suite 1000
Washington, DC 20009-6207
Phone: 202.785.1670
Web: http://www.nclr.org

National Education Association Health Information Network

1201 16th Street NW
Washington, DC 20036
Phone: 202.822.7570
Web: http://www.neahin.org

National PTA

330 N. Wabash Avenue, Suite 2100
Chicago, IL 60611
Phone: 312.670.6782
Web: http://www.pta.org

Planned Parenthood Federation of America

810 Seventh Avenue
New York, NY 10019
Phone: 212.541.7800
Web: http://www.plannedparenthood.org/

Search Institute

700 South Third Street, Suite 210
Minneapolis, MN 55415
Phone: 612.376.8955
Web: http://www.search-institute.org

**Sexuality Information & Education Council of the U.S.
(SIECUS)**

130 West 42nd Street, Suite 350
New York, NY 10036-7802
Phone: 212.819.9770
Web: http://www.siecus.org

YWCA of the U.S.A.

350 Fifth Avenue
New York, NY 10118
Phone: 212.273.7800
Web: http://www.ywca.org



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