



What can **YOU** do to prevent teen pregnancy?

At home:

- ♦ Model healthy relationships. Your example is the most powerful message you can give.
- ♦ Be clear about your own sexual values and expectations.
- ♦ Be an “askable” parent on sexual health issues. Go to www.moapp.org for resources.
- ♦ Get to know your children’s friends and their families.
- ♦ Monitor your children’s activities—know when, where, what, with whom.
- ♦ Help your children and teens set meaningful goals for their futures, placing a high value on education.
- ♦ Encourage your teens to volunteer in the community.

In your community:

- ♦ Encourage your faith community to provide sexuality education for youth and parents.
- ♦ Support youth development activities: sports, after-school and community service programs.
- ♦ Support sexuality education in the schools that is effective: medically accurate, developmentally appropriate, and comprehensive.
- ♦ Make sure males are included in programs and services for prevention.
- ♦ Contact your policy makers (school board, county commissioners, state and federal legislators) about effective teen pregnancy prevention policies.
- ♦ Donate your time and resources to organizations that prevent teen pregnancy and promote adolescent health.

Minnesota Organization on Adolescent Pregnancy, Prevention and Parenting

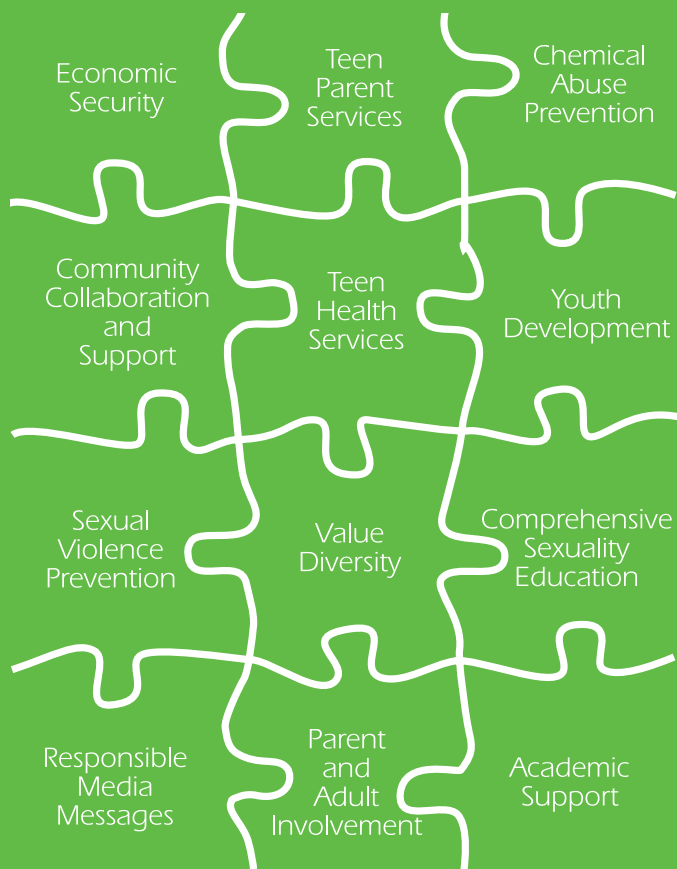
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What **YOU** do to prevent teen pregnancy?

Help Solve the Teen Pregnancy Puzzle



The MOAPPP Teen Pregnancy Puzzle illustrates what is needed to prevent teen pregnancy.

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