

Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

Review Date – April 2010

Joyful Sexuality: A New Look at Sexual Violence Prevention (2004)

Format: Curriculum
Target Audience: Stated audience: Varies by activity – Young teens to Adults
Recommended by panel: College plus to Adults
Cost: FREE

Distributor: Vermont Sexual Violence Prevention Task Force’s Workgroup on Joyful Sexuality
Vermont Network Against Domestic Violence and Sexual Assault
P.O. Box 405, Montpelier, VT 05601 • (802) 223-1302 • www.vtnetwork.org

The Minnesota Sexuality Education Resource Review Panel **Recommends with Reservation** use of this curricula for the following reasons and with the following reservations:

Review Summary:

The *Joyful Sexuality: A New Look at Sexual Violence Prevention* curriculum was created by the Vermont Sexual Violence Prevention Task Force’s Workgroup. The group’s mission with *Joyful Sexuality* is to shift the cultural norm toward joyful and healthy sexuality by creating opportunities for individuals and communities to explore, reclaim and discover a deeper and more expansive understanding of how sexuality informs our humanity. The developers created the resource to be presented in formats that include participants from various backgrounds. According to the developers, the activities can be adapted for use with youth, parents, teachers and professionals, and some with younger children. Activity outlines are included and suggest group size and age appropriateness.

The panel **recommends with reservation** *Joyful Sexuality: A New Look at Sexual Violence Prevention* for the following reasons:

- Engages learners with a variety of techniques.
- Focuses on developing a healthy sexuality.

The panel has concerns about the following elements of *Joyful Sexuality: A New Look at Sexual Violence Prevention*:

- Needs a specialized facilitator with a strong sexual violence background and knowledge of audience.
- The unique approach around primary prevention of sexual violence keeps the resource from appearing to be focused and disjointed.

Overall, the panel **recommends with reservation** *Joyful Sexuality: A New Look at Sexual Violence Prevention* for use as a sexuality education resource.

Assessment Criteria	Mean Score (1-5)	Additional Information
Information is medically accurate and presented using the correct terminology	2.6	<ul style="list-style-type: none">• Definitions are given and use is encouraged, which allows participants to expand vocabulary. Resources start with medically accurate information.• Statistics seem to be outdated – note should possibly be included that statistics do not change.

Focuses on clear health goals: prevention of STI, HIV and/or pregnancy	2.9	<u>This resource focuses on:</u> Sexual violence
Does the material guide participant or learner to acquire new skills?	2.8	<u>The panel acknowledges that this resource guides the participant/learner to acquire the following skills</u> <ul style="list-style-type: none"> • Respect • Healthy self-management • Assertiveness • Self-Efficacy
Does this resource address multiple factors affecting sexual behaviors?	2.1	<u>According to the panel, this resource addresses the following factor(s) that affect sexual behaviors(s):</u> Personal values about sex and abstinence
Create a safe social environment for youth to participate	2.4	<ul style="list-style-type: none"> • Curriculum would fit settings where a safe space is already established. Resource does not create community, in general. • Relies heavily on facilitator(s) to create the type of safe space which is the intention of curriculum. • The curriculum intentionally builds space that allows victims to be safe.
Employs instructionally sound teaching methods and activities that engage learners	2.5	<u>The panel recognizes the following elements are present in this resource as a way to engage learners:</u> <ul style="list-style-type: none"> • Short lectures • Class discussions • Small group work • Student centered activities • Surveys of attitudes and intentions
Target audience	College + Parent(s) Professional Small Groups Support Groups	<u>The panel feels the following people group and/or demographic area were considered in this resource:</u> <ul style="list-style-type: none"> • Race/Ethnicity: Caucasian • Suburban
Culturally and developmentally appropriate	2.7	Adaptable
Organization of resource	2.3	<u>The panel finds the resource:</u> <ul style="list-style-type: none"> • Covers topic(s) in a logical sequence • Curriculum is not well organized with clear, thorough instructions • Requires more than minimal assembly and significant preparation time is required
Facilitation Skills Required How knowledgeable and skilled must the facilitator be to use this resource effectively?		<ul style="list-style-type: none"> • Requires leader with strong content knowledge and group skills
Presentation Quality How appealing is the resource, e.g, up-to-date graphics, appealing to look at, easy to read, etc.	2.7	<ul style="list-style-type: none"> • Wordy but attainable language • Instructions are easy to read
Overall Recommendation		<ul style="list-style-type: none"> ▪ Recommend Highly - 1 ▪ Recommend - 2 ▪ Recommend with Reservations - 7 ▪ Reject - 4