

Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

Review Date – April 2010

The Dangers of Sexting: *What Teens Need to Know* (2010)

Format: DVD and Teacher’s Resource Book

Target Audience: Stated audience: Grades 7th – 12th

Recommended by panel: Grades 5th - 12th

Cost: \$139.95, plus shipping

Distributor: Human Relations Media

41 Kensico Drive, Mount Kisco, NY 10549 • (800) 431-2050 • www.hrmvideo.com

The Minnesota Sexuality Education Resource Review Panel **Highly Recommends** use of this video for the following reasons and with the following reservations:

Review Summary:

The Dangers of Sexting: What Teens Need to Know is a video designed to educate young people on the social emotional and legal consequences of sexting. Human Relations Media purpose for *The Dangers of Sexting* is to empower young people with information designed to help them avoid this risky behavior. The video and activities in the Teacher’s Resource Book are intended to help young people make smarter choices about digital communication. The transcript of the video is included in the Teacher’s Resource Book.

The panel **highly recommends** *The Dangers of Sexting* for the following reasons:

- Current and relevant to the adolescent culture.
- Useful tool to start the discussion around making smart choices about individual digital identities.

The panel has concerns about the following elements of *The Dangers of Sexting*:

- Shortcoming in addressing students who are currently or have been victims of digital harassment. Depending on the reactions of their peers, these students may feel unsafe.
- Video focuses on majority culture and excludes representation of young people of color and gender identities.

Overall, the panel **highly recommends** *The Dangers of Sexting* for use as a sexuality education resource.

Assessment Criteria	Mean Score (1-5)	Additional Information
Information is medically accurate and presented using the correct terminology	4.5	<ul style="list-style-type: none">• No medical information included• Current cultural terminology is included relative to youth experience right now

Focuses on clear health goals: prevention of STI, HIV and/or pregnancy	4.4	<u>This resource focuses on:</u> <ul style="list-style-type: none"> • Sexual violence • Relationships
Does the material guide participant or learner to acquire new skills?	4.2	<u>The panel acknowledges that this resource guides the participant/learner to acquire the following skills</u> <ul style="list-style-type: none"> • Problem solving/Conflict resolution • Decision making • Media literacy • Respect • Assertiveness
Does this resource address multiple factors affecting sexual behaviors?	3.8	<u>According to the panel, this resource addresses the following factor(s) that affect sexual behavior(s):</u> <ul style="list-style-type: none"> • Personal values about sex and abstinence • Perception of peer norms about sex and perception of peer sexual behavior • Communication with parents or other adults about sex, condoms or contraception
Create a safe social environment for youth to participate	3	The resource book and video do not explicitly establish a safe place; it would be up to the teacher to create a safe environment.
Employs instructionally sound teaching methods and activities that engage learners	4.1	<u>The panel recognizes the following elements are present in this resource as a way to engage learners:</u> <ul style="list-style-type: none"> • Short lectures • Class discussions • Small group work • Student centered activities • Surveys of attitudes and intentions • Problems-solving activities • Worksheets
Target audience	5 – 6 grades 7 – 9 grades 10 – 12 grades	<u>The panel feels the following people group and/or demographic area were considered in this resource:</u> Race/Ethnicity: Caucasian Rural and Suburban
Culturally and developmentally appropriate	3.9	Appropriate for current adolescent cultural, however it lacks a diverse ethnic or demographic perspective
Organization of resource	4.5	<u>The panel finds the resource:</u> <ul style="list-style-type: none"> • Covers topics in a logical sequence • Is well organized with clear and thorough instructions • Requires minimal assembly and preparation time
Facilitation Skills Required How knowledgeable and skilled must the facilitator be to use this resource effectively?		Requires leader with moderate content knowledge and group skills
Presentation Quality How appealing is the resource, e.g, up-to-date graphics, appealing to look at, easy to read, etc.	4.4	Easy to use, up to date, visually appealing
Overall Recommendation		<ul style="list-style-type: none"> ▪ Recommend Highly - 7 ▪ Recommend - 7 ▪ Recommend with Reservations - 0 ▪ Reject - 0