

**MOAPPP Annual Conference**  
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# **Teen Pregnancy Prevention 101**

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Unintended Pregnancy Prevention/Teen Pregnancy Prevention Program  
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# Presentation Overview

## **WHY CARE?**

- Pregnancy and birth statistics
- Adolescent sexual behavior trends

## **WHAT CAN WE DO?**

- Risk and protective factors
- Effective prevention strategies



# Minnesota Organization on Adolescent Pregnancy, Prevention and Parenting

- Statewide non-profit, founded in 1991
- Mission: to strengthen policies and programs related to adolescent pregnancy, prevention and parenting
- Science-based outreach, trainings, resources and advocacy

# Working Together to Solve the Puzzle of Teen Pregnancy

Economic  
Security

Teen  
Parent  
Services

Chemical  
Abuse  
Prevention

Community  
Collaboration  
and  
Support

Teen  
Health  
Services

Youth  
Development

Sexual  
Violence  
Prevention

Culturally  
Respectful  
Services

Comprehensive  
Sexuality  
Education

Responsible  
Media  
Messages

Parent  
and  
Adult  
Involvement

Academic  
Support



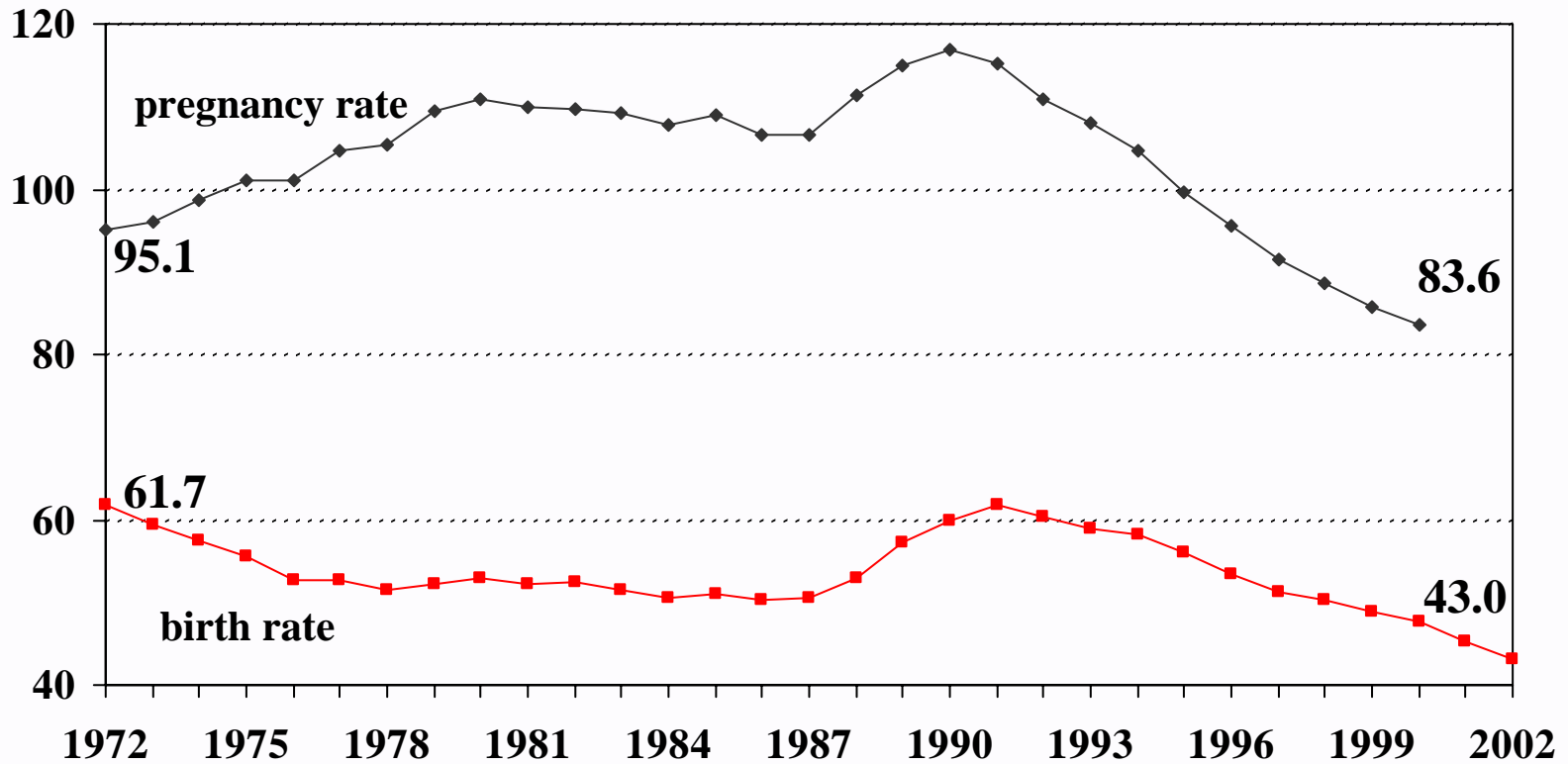


# Why Care? **There is GOOD NEWS!**

- Teen pregnancy and birth rates have dropped 30% in the last 10 years
- Fewer teens are having sexual intercourse
- Increased use of contraception among sexually active teens

# U.S. Teen Pregnancy Rates (AGI) and Teen Birth Rates, 1972-2002

(number of pregnancies and births per 1,000 girls aged 15-19)

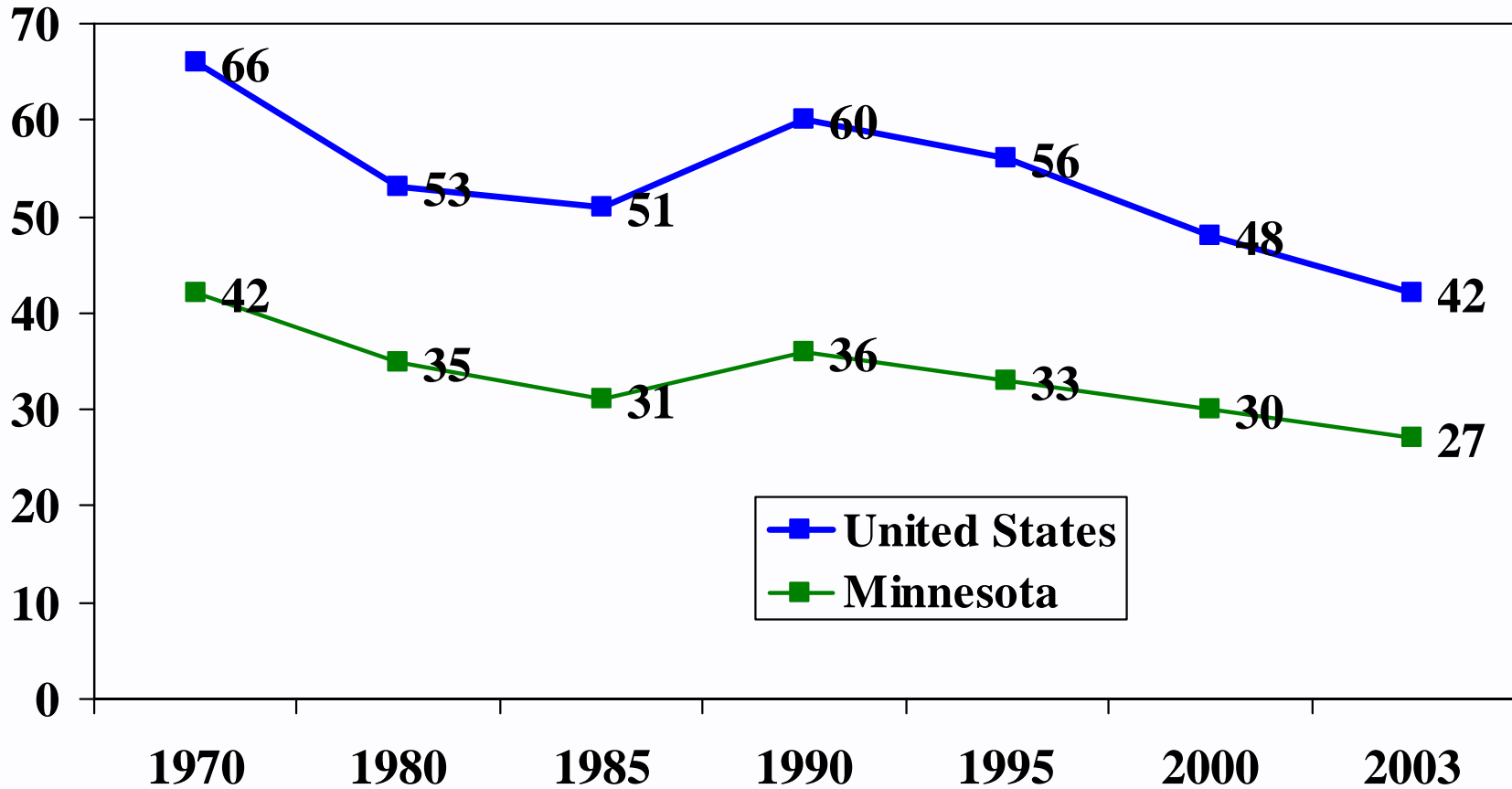


Henshaw, S.K. (2004). *U.S. teenage pregnancy statistics with comparative statistics for women aged 20-24*. New York: The Alan Guttmacher Institute. Martin, J.A., Hamilton, B.E., Sutton, P.D., Ventura, S.J., Menacker, F., & Munson, M.L. (2003). Births: Final Data for 2002. *National Vital Statistics Reports* 52(10).

# Teen Birth Rates

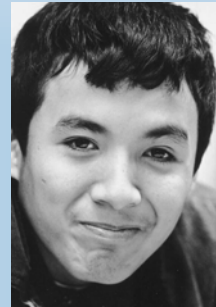
## U.S. and Minnesota, 1970-2003

(number of births per 1,000 girls aged 15-19)





# So What - Who Cares?

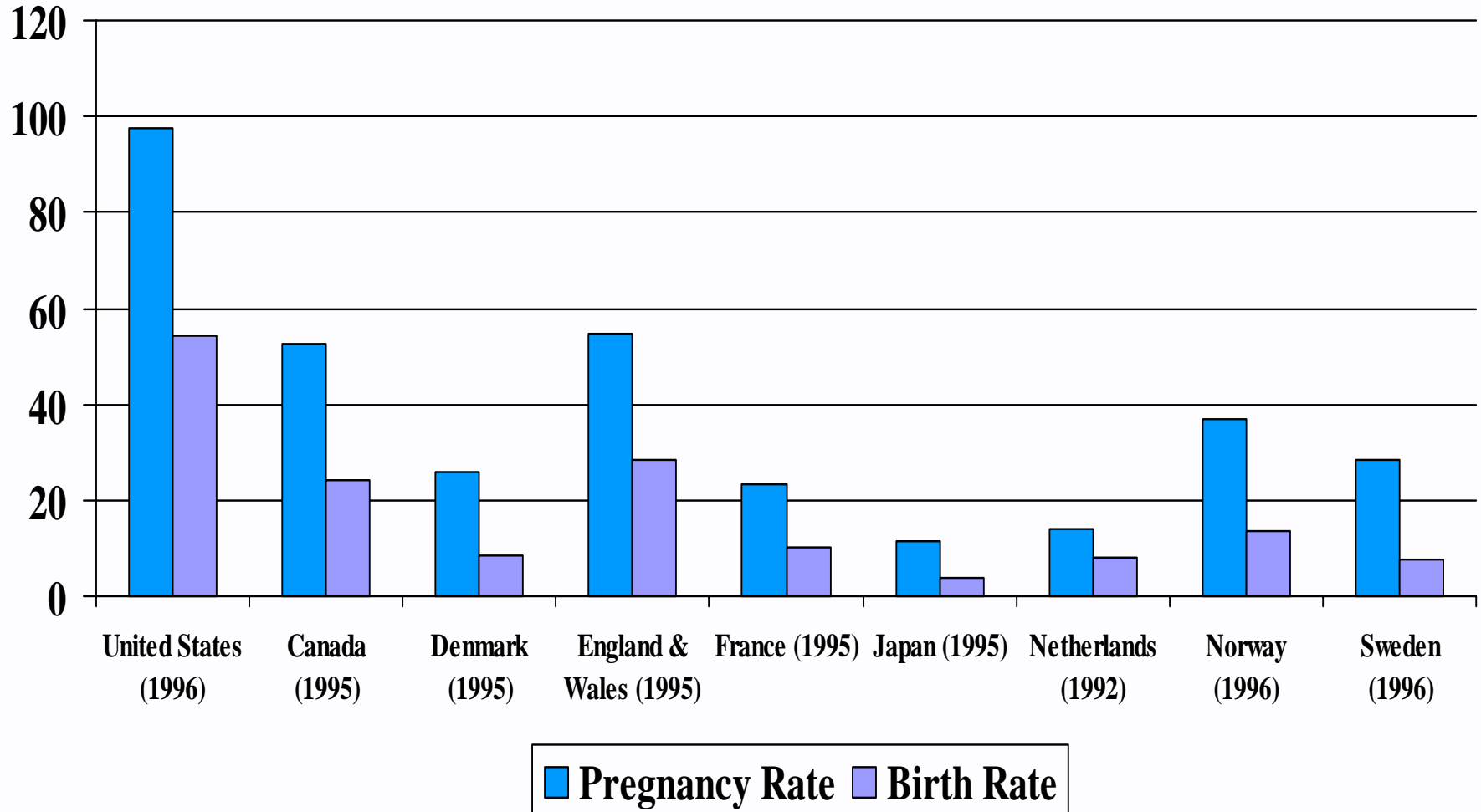




# Why Care? **Not so good news.**

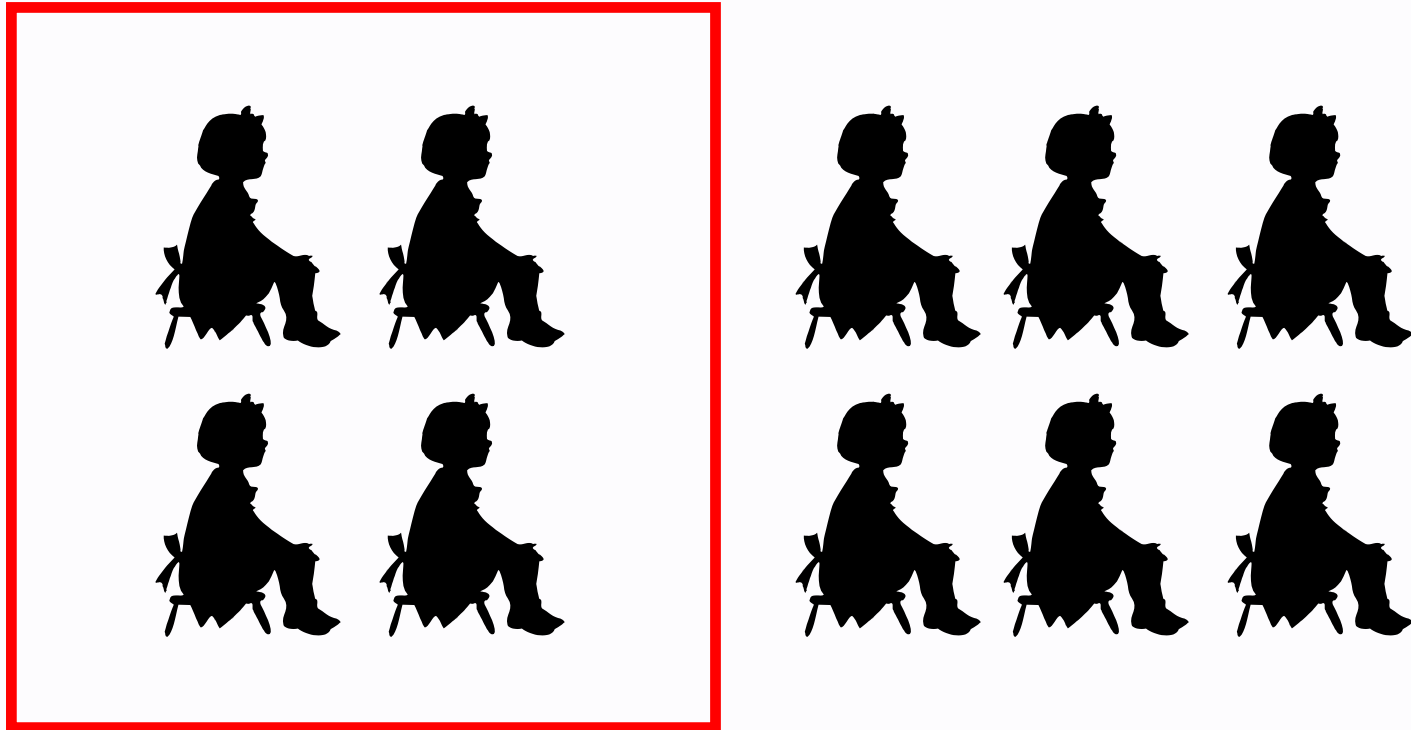
- Every day in Minnesota **19** teens become pregnant; **6,800** every year
- Disparities in teen pregnancy, birth, and STI rates
- Teen mothers more likely to drop out of school, become single parents and live in poverty
- Children born to teens have higher rates of health, learning, and social challenges

# We're number one...unfortunately



Singh, S., & Darroch, J.E. (2000). Adolescent pregnancy and childbearing: Levels and trends in developed countries. *Family Planning Perspectives* 32(1), 14-23. Pregnancy rates calculated as the sum of births, abortions, and estimated miscarriages (20 percent of births plus 10 percent of miscarriages).

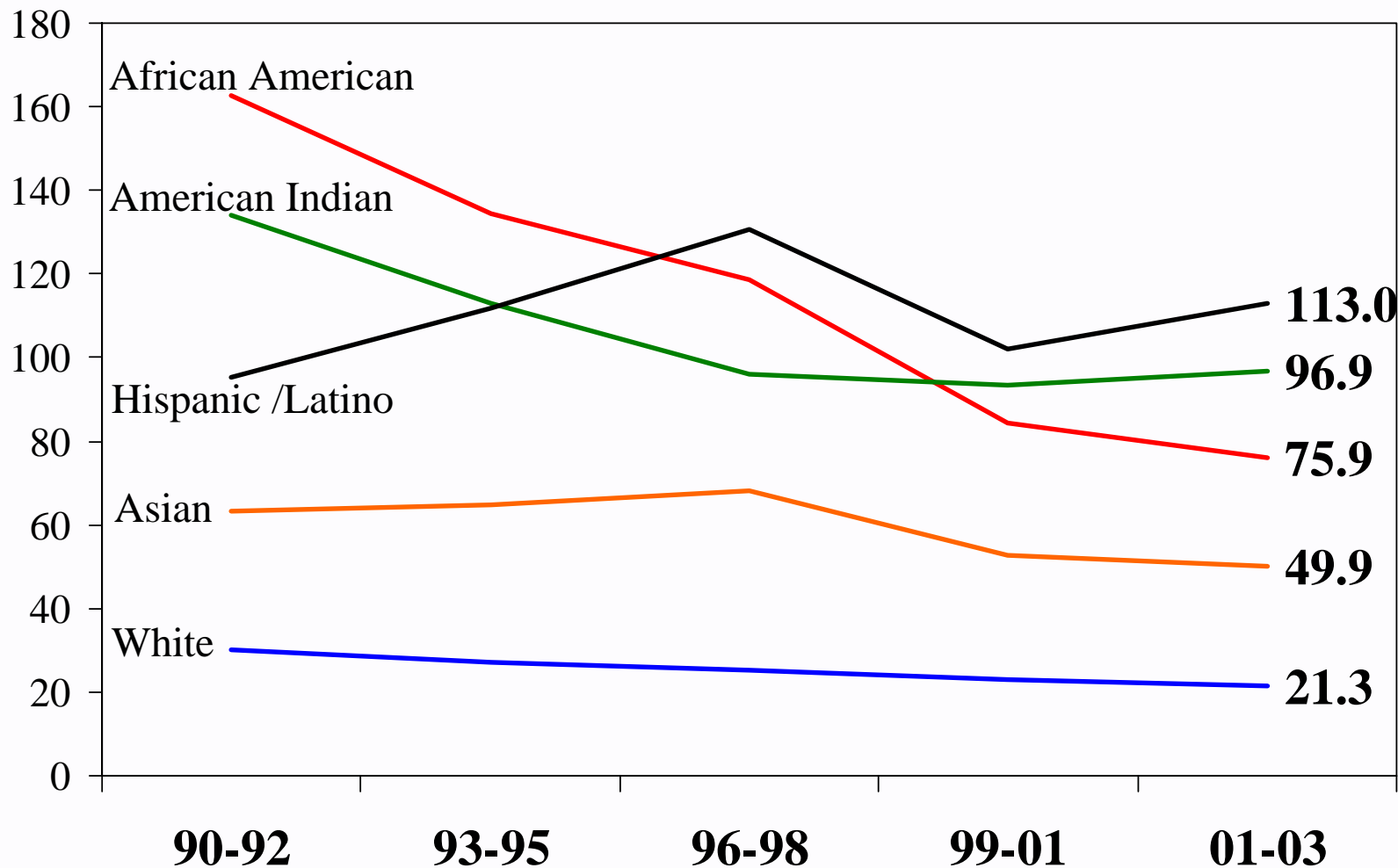
# Four in ten girls get pregnant at least once before age 20.



Source: National Campaign to Prevent Teen Pregnancy analysis of Henshaw, S.K., *U.S. Teenage Pregnancy Statistics*, New York: Alan Guttmacher Institute, May, 1996; and Forrest, J.D., *Proportion of U.S. Women Ever Pregnant Before Age 20*, New York: Alan Guttmacher Institute, 1986, unpublished.

# Minnesota Teen Birth Rates, 1990-2003

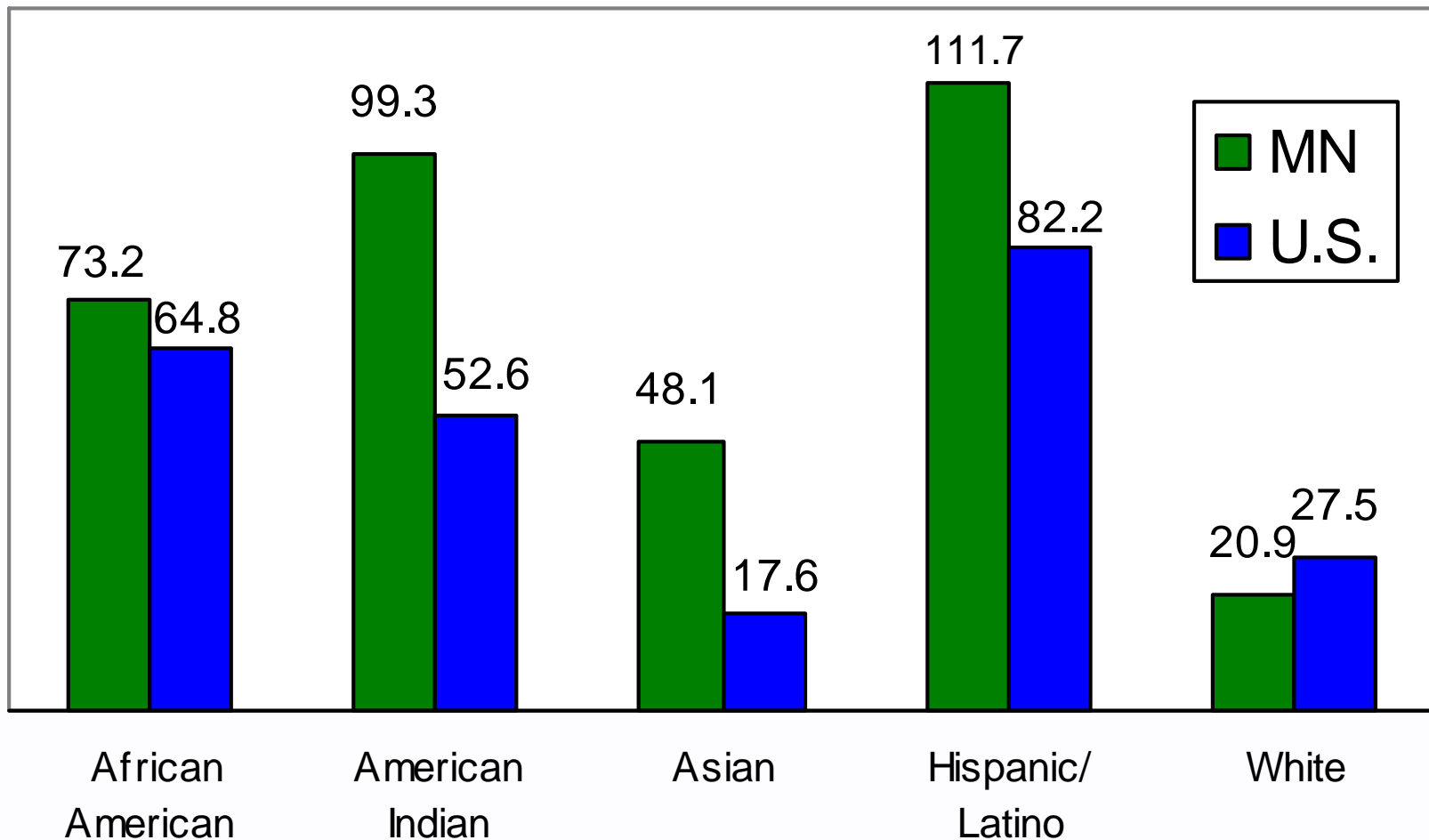
(number of births per 1,000 girls aged 15-19)



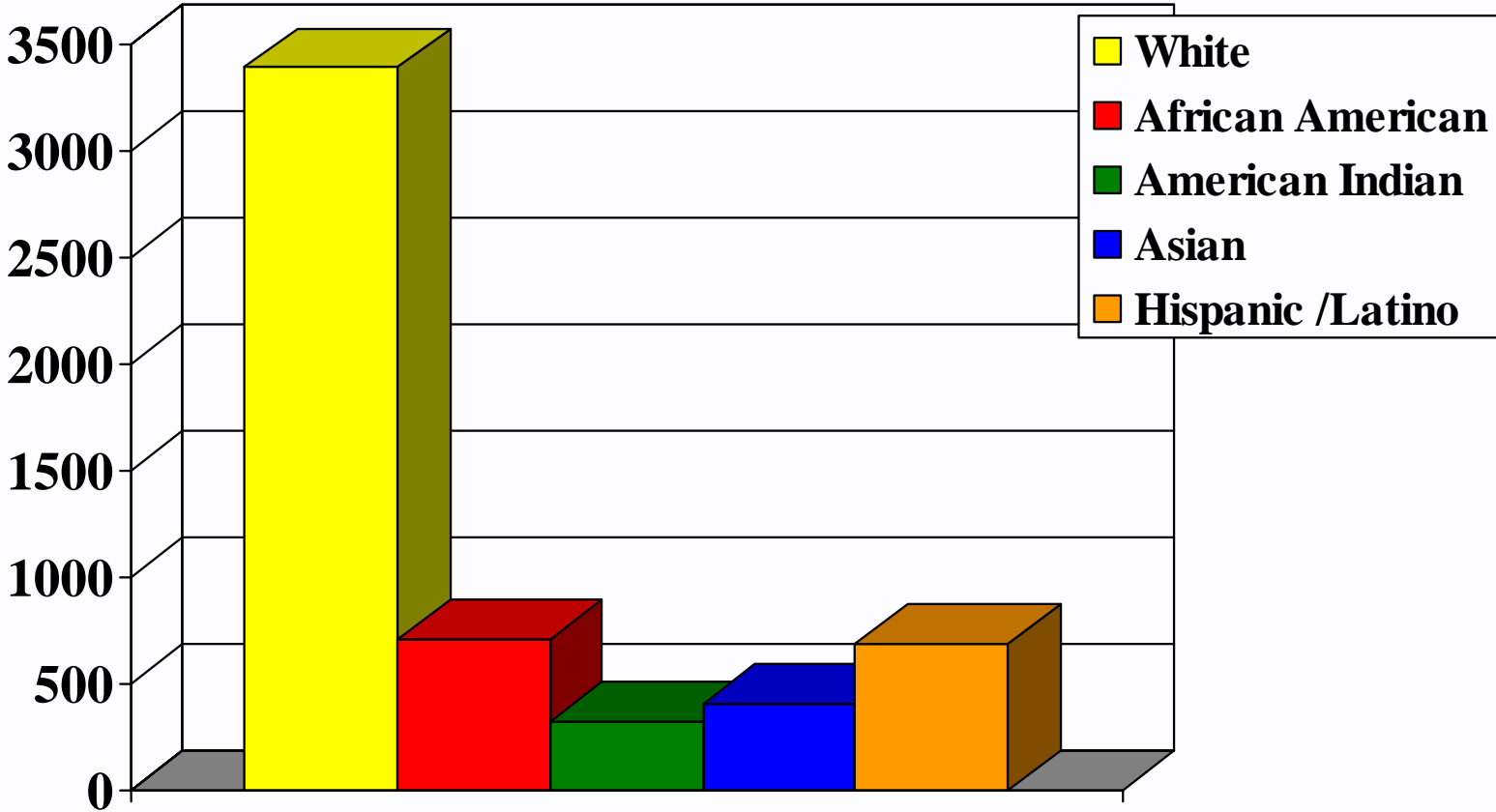
# Minnesota Teen Birth Rates

## U.S. and Minnesota, 2003

(number of births per 1,000 girls aged 15-19)



# Number of Teen Births in Minnesota (15-19 years), 2003

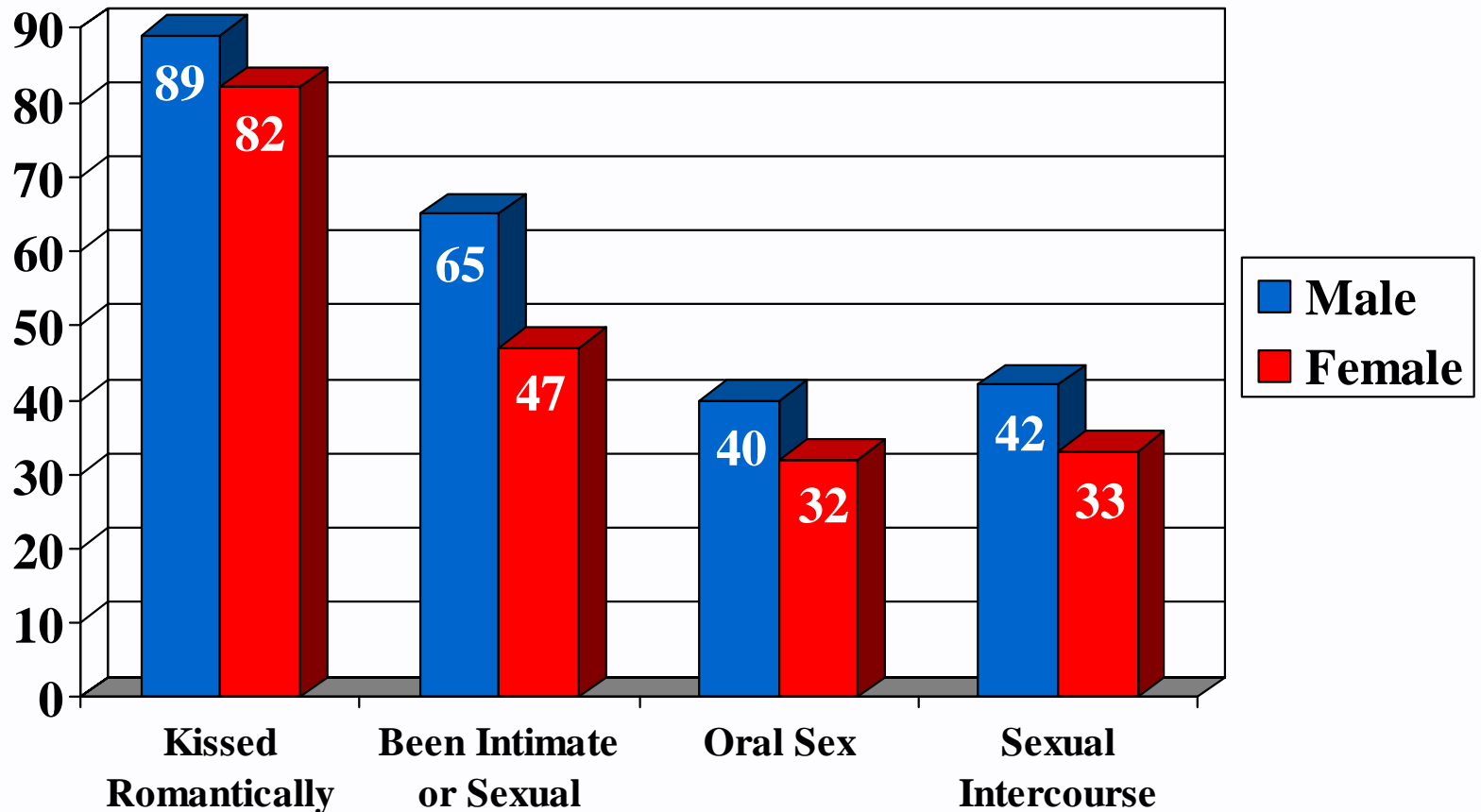


# Why do teens get pregnant?

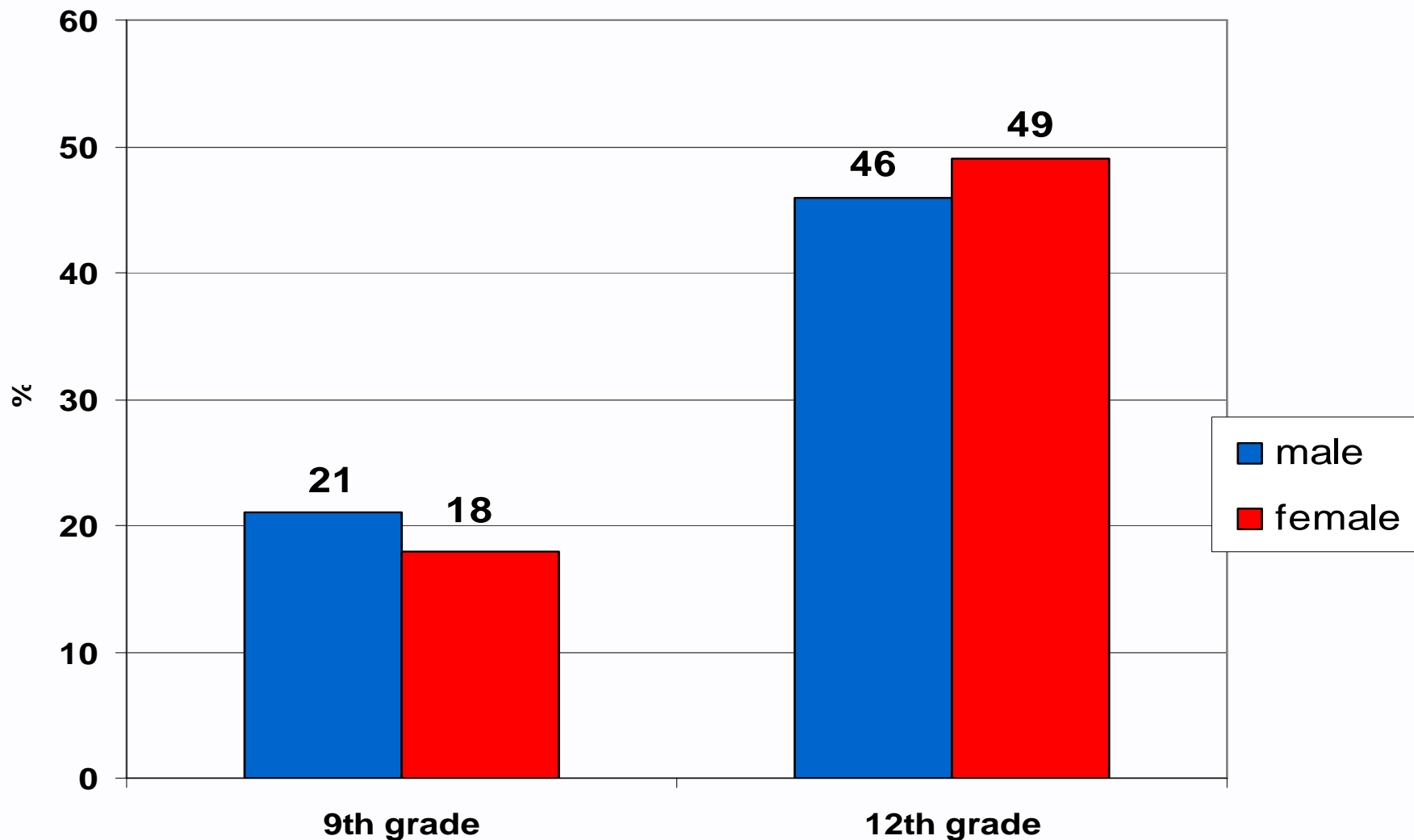


# U.S. Teen Sexual Behaviors

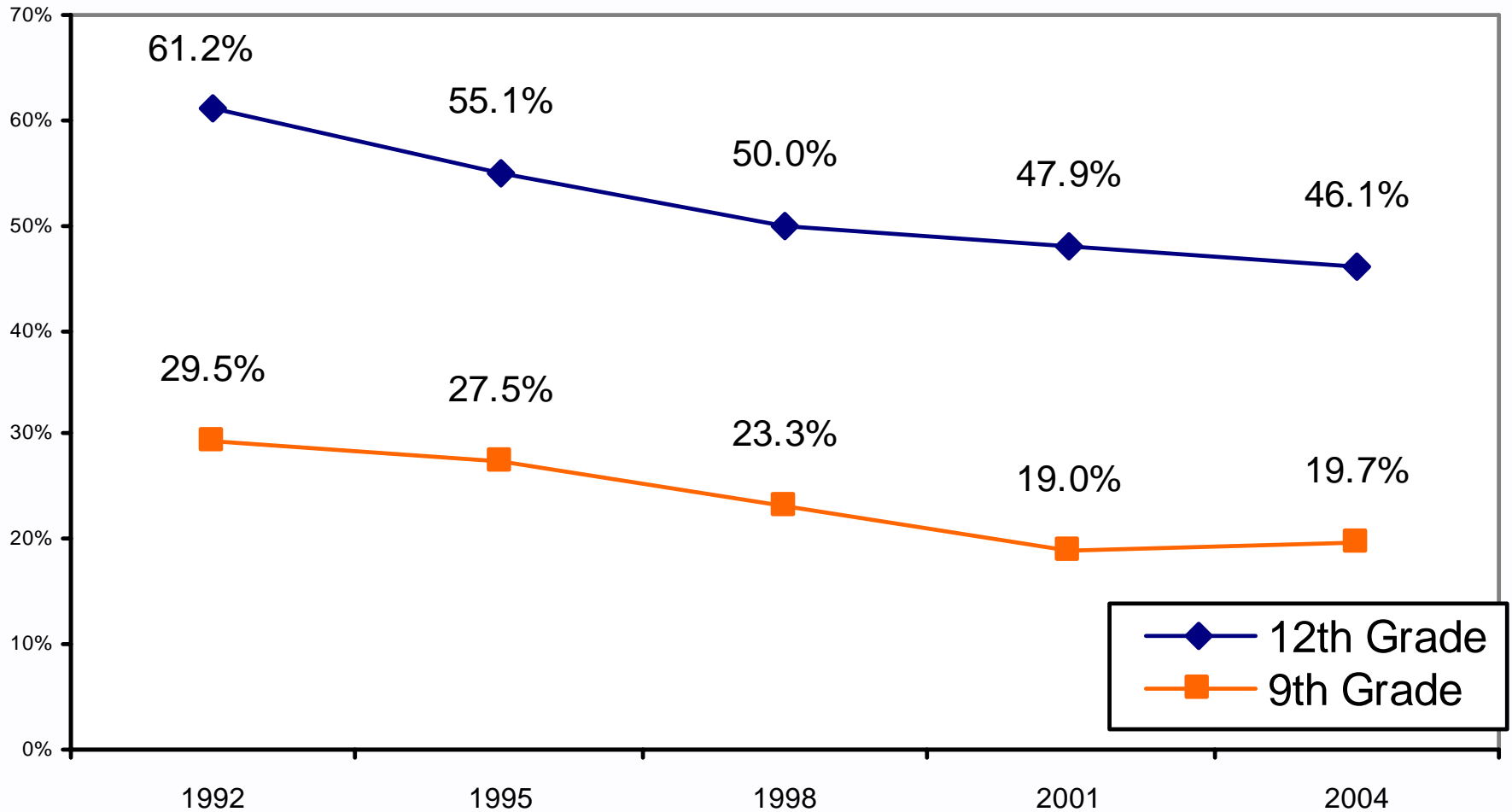
(15-17 years) 2002



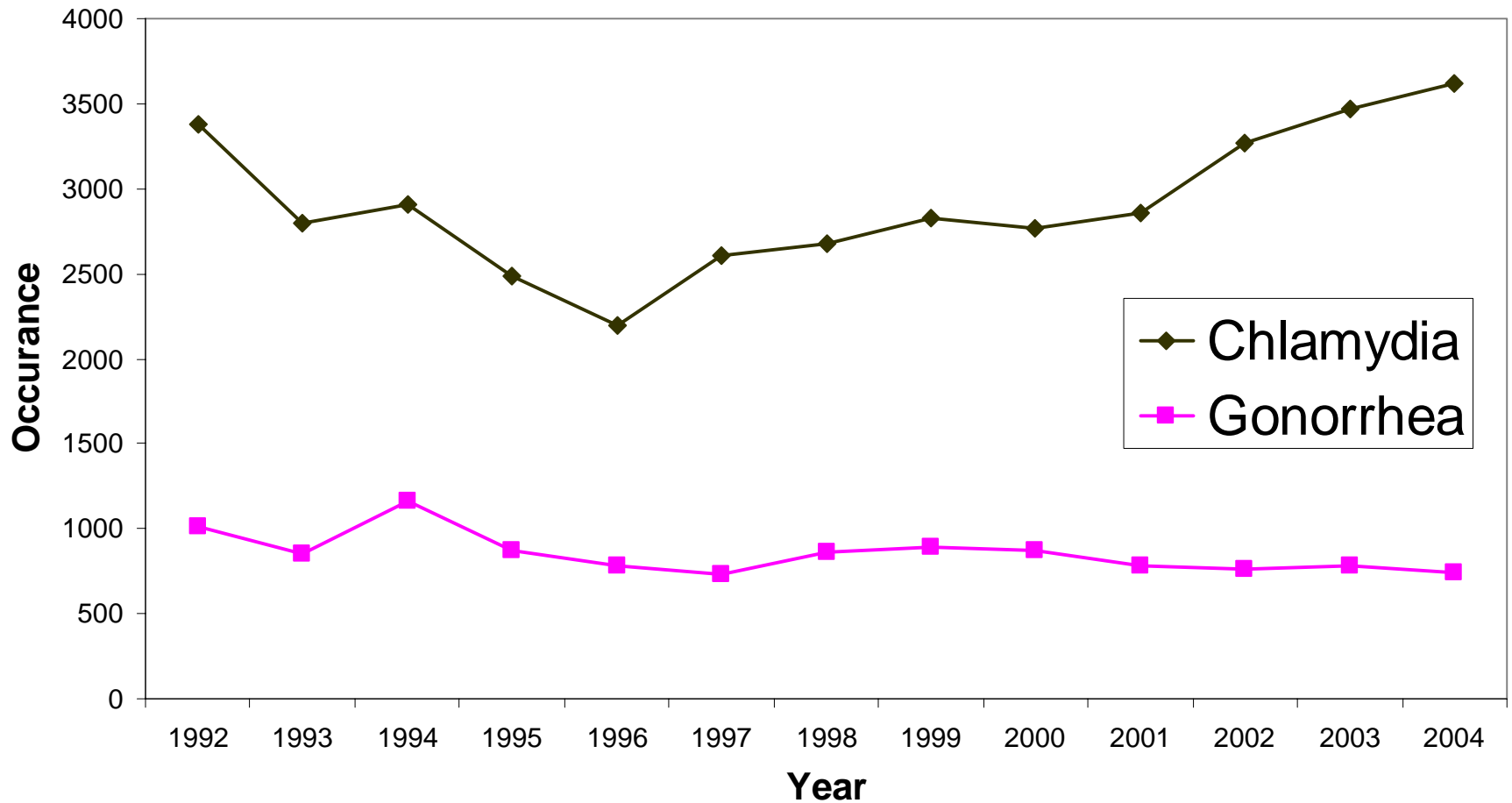
# Ever had sexual intercourse



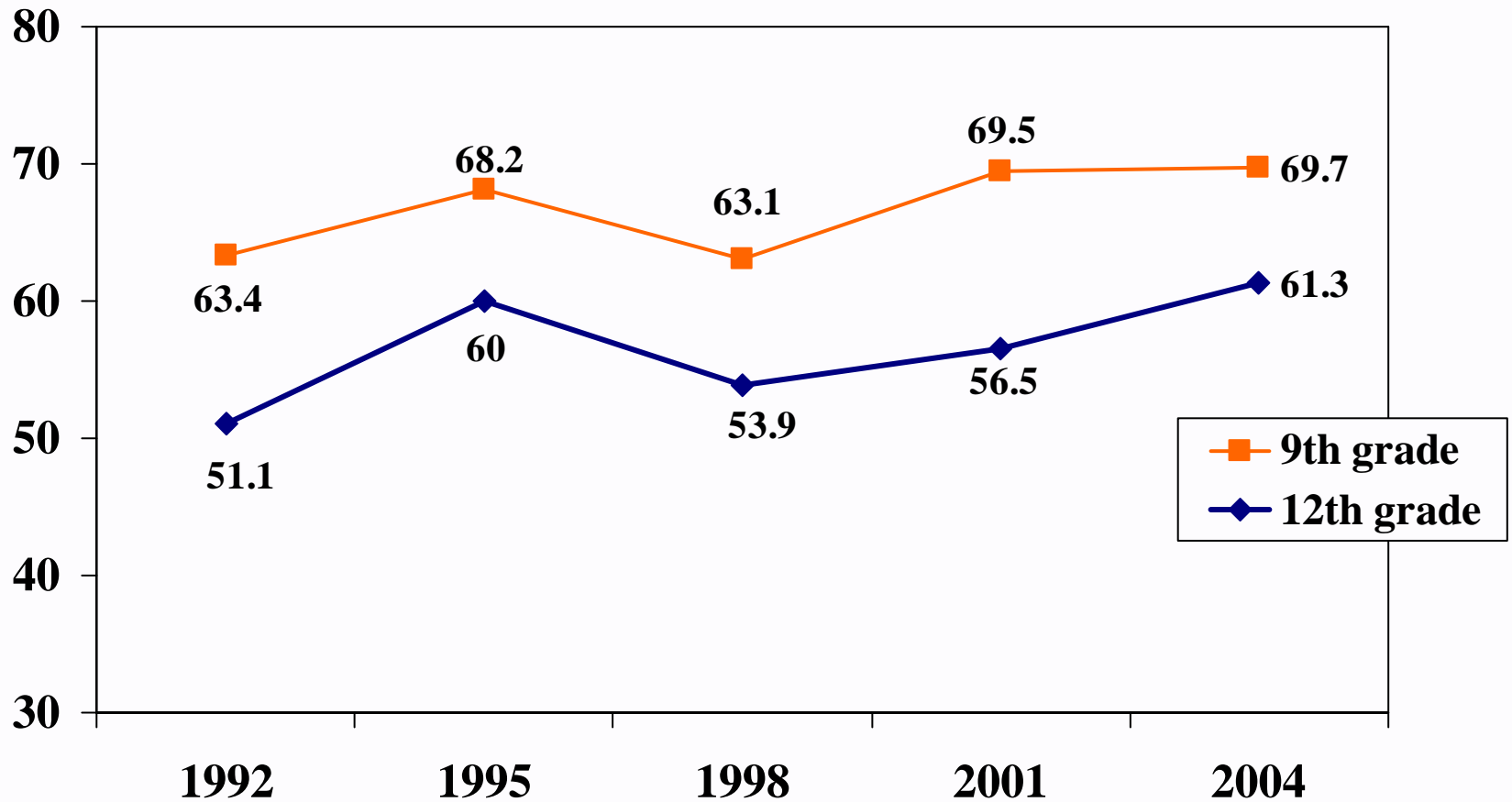
# Ever had sexual intercourse



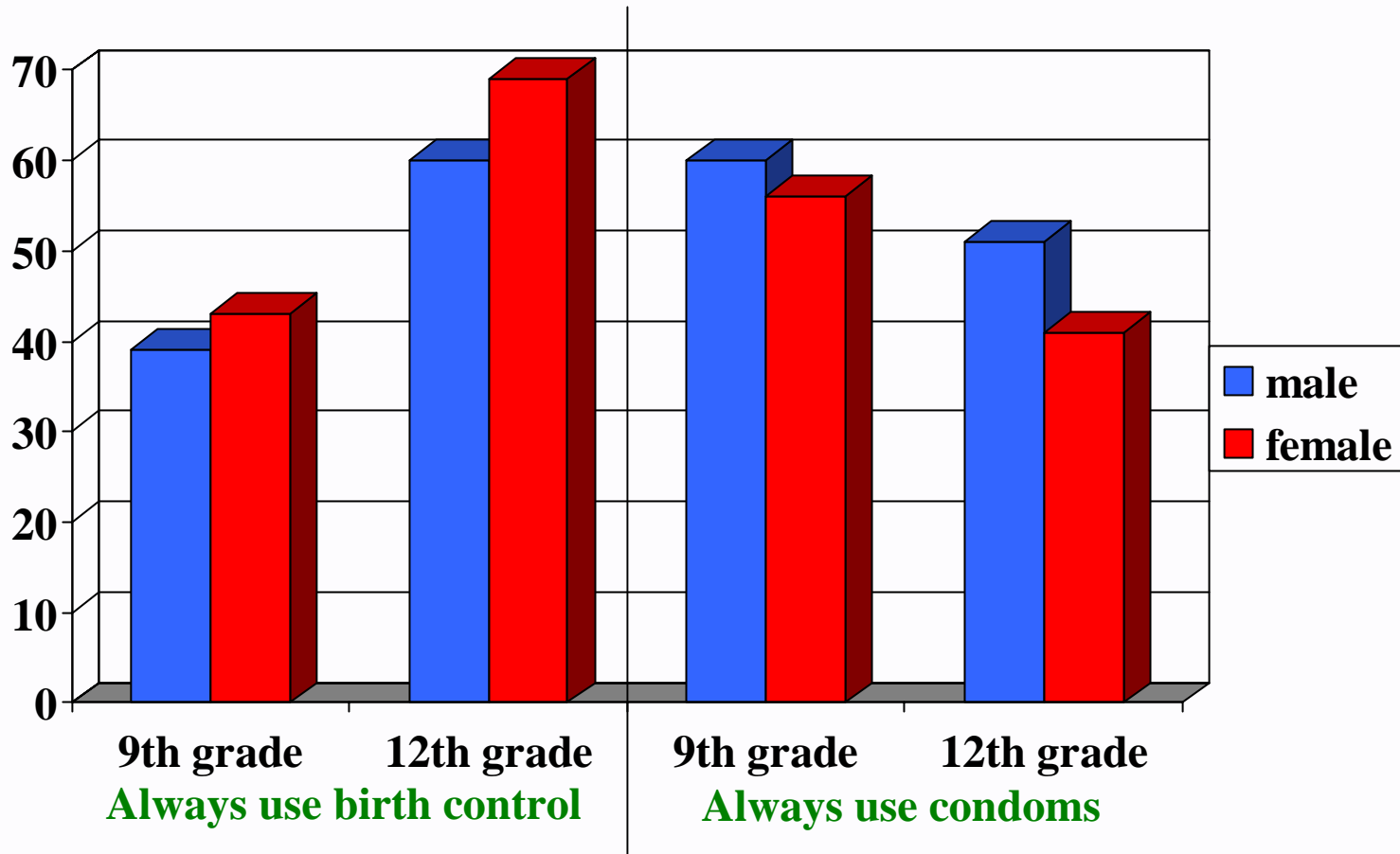
# Number of STI cases among MN teens (15-19 years), 1992-2004



# Used a condom with last intercourse



## Contraceptive use - always

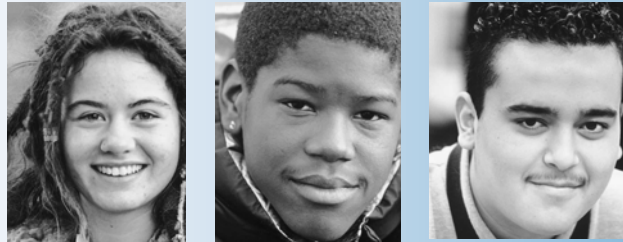


# Reported contraceptive use at most recent sex U.S. teens (15-19 years), 2002

|                            | Females | Males |
|----------------------------|---------|-------|
| Hormonal Method            | 43%     | 37%   |
| Condom                     | 54%     | 71%   |
| Hormonal Method and Condom | 20%     | 24%   |
| No Method                  | 17%     | 9%    |

*Child Trends, Facts at a Glance, March 2005. Publication # 2005-02*

# What works to prevent teen pregnancy?





# We know **what works!**

- Comprehensive sex and HIV education
- Programs combining sex and HIV education and youth development approaches
- Service learning programs
- Clinic interventions with one-on-one counseling

# How to Use Science-based Strategies

1. Replicate scientifically evaluated programs with fidelity and with appropriate audience.
2. Incorporate the characteristics of scientifically evaluated programs.
3. Develop programs to address risk and protective factors related to teen pregnancy, and use logic models to show how interventions affect factors, which in turn create desired outcomes.



# Summary

- No time for complacency!
- Focus on postponing initiation and/or abstinence
- Promote consistent and correct condom use
- Teach skills to avoid risky situations
- Include information on STI/HIV/AIDS
- Advocate for policies/programs that work



## Minnesota Resources

**MOAPPP:** [www.moappp.org](http://www.moappp.org)

Register for the MOAPPP E-monthly at [moappp@moappp.org](mailto:moappp@moappp.org)

**Birds and Bees Project:** [www.birdsandbees.org](http://www.birdsandbees.org)

Providing sexuality education and resources to youth, families and professionals.

**MN Family Planning and STD Hotline:** 1-800-78-FACTS

**Planned Parenthood** Serving Minnesota, North Dakota, South Dakota  
[www.ppmns.org](http://www.ppmns.org). Reproductive health services and information.

**Sex Education for Life Coalition:** [www.SexEdforLife.org](http://www.SexEdforLife.org)

Advocacy coalition for comprehensive sex education and minor's access to confidential health care services.

**Sexuality and Family Life Educators (SFLE)**

MN Network of sexual health educators. Find out about speakers, resources and monthly networking meetings [sfle@familytree.org](mailto:sfle@familytree.org)