

MOAPPP's **18th Annual** Conference

May 7-8, 2009

Earle Brown Heritage Center, Brooklyn Center, MN



Minnesota Organization on
Adolescent Pregnancy, Prevention and Parenting

MOAPPP's ^{18th Annual} Conference

MOAPPP is the statewide leader in promoting adolescent sexual health, preventing adolescent pregnancy and gaining support for adolescent parents. We achieve this by developing, strengthening and advancing science-based policies and programs.

MOAPPP's 18th annual conference comes at a time of global economic uncertainty. As adults, we struggle to make sense of this ever changing world, both personally and professionally. Young people also struggle with this uncertainty—but do so within the context of their own reality. As many reports indicate, when the economy is in peril youth and families suffer the most. As adults who care about the young people in our lives, we work harder with less—searching for new solutions to improve the quality and impact of programs and services.

The 18th annual conference brings together educators, service providers, youth workers, religious and civic leaders, medical and public health professionals, and others committed to adolescent pregnancy prevention and support for young families, to build our understanding and strengthen our capacity to impact youth.

The aim of the conference is to challenge, inspire and better prepare all of us to do so. Through keynote presentations, workshops and informal conversation, we will search for answers to a wide range of complex issues such as:

- Effective implementation of science-based strategies and innovative programs to prevent teen pregnancy and support adolescent parents;
- Parents as an integral part of the prevention equation;
- Best practices for engaging boys and young men in meaningful ways;
- Specific strategies for working with youth at greatest risk of pregnancy;
- The role of technology in the lives of young people—and how to use it as an agent of change;

As people convene from across Minnesota in this challenging time, let us also remember that it is a time of hope. New realities bring new challenges, but also provide opportunities to work together for change. We all come to the table with a commitment to improving the lives of young people, and now more than ever we need strong programs and services that truly meet the needs of the youth and families in our communities.

Conference at a Glance

Thursday, May 7, 2009		Friday, May 8, 2009	
7:30 – 8:30	Registration, Continental Breakfast, Exhibits and Networking	7:30 – 8:30	Registration, Continental Breakfast, Exhibits and Networking Adolescent Parent Network Breakfast
8:30 – 8:45	Welcome	8:30 – 8:45	Welcome
8:45 – 9:45	Keynote Address <i>Searching for M.A.R.S.: Male Advocates for Sexual Responsibility</i> Kwain Bryant	8:45 – 9:45	Keynote Address <i>What Every 21st Century Parent Needs to Know</i> Rev. Debra Haffner
9:45 – 10:15	Exhibits and Networking	9:45 – 10:15	Exhibits and Networking
10:15 – 12:30	Workshops Session A <i>Extended sessions</i>	10:15 – 11:30	Workshops Session C
12:30 – 1:15	Lunch	11:30 – 12:45	Lunch and MOAPPP Highlights
1:15 – 2:15	Keynote Address <i>Learning from Community Controversy</i> Elizabeth Schroeder, EdD, MSW	1:00 – 2:15	Workshops Session D
2:15 – 2:45	Exhibits and Networking	2:15 – 3:00	The Boy Show Youth Performance Company
2:45 – 4:00	Workshops Session B	3:00	Conference Adjourns
4:00 – 5:30	Reception and Awards Ceremony		

Keynote presentations

Searching for M.A.R.S: Male Advocates for Responsible Sexuality



Kwain Bryant,
Empowerment
Exchange,
Charlotte, NC

Misconceptions about males and their sexuality permeate our culture

and society. Kwain Bryant invites you to take an out of this world journey in search of M.A.R.S. Debunking these misconceptions and exploring the roles and responsibilities of males in reproductive health, Mr. Bryant provides innovative strategies to recruit and retain males in pregnancy prevention programs. The journey will conclude with audience members developing a greater understanding of the situations and pressures boys and young men face.

As Founder and President of Empowerment Exchange, Kwain Bryant trains, challenges, encourages and entertains youth-serving professionals around the country.

Learning from Community Controversy



Elizabeth Schroeder,
EdD, MSW, Answer
at Rutgers University,
Piscataway, NJ

Sexuality education professionals continue to be judged, mistrusted

and misunderstood. Regardless of the fact that our work is based in science and research, sexuality education opponents continue to spread fear, prejudice and judgment—and they do it quite well. How can we best respond when we, the sexuality education experts, come up against fear, bias and faith-based arguments against the work we do? Join Dr. Elizabeth Schroeder for an inside look at why sex ed opponents are as effective as they are, and what we can—and must do to provide young people with information and skills.

Dr. Schroeder is an internationally recognized trainer, consultant and author in the areas of sexuality education, youth development and counseling. She is currently the Executive Director of Answer.

What Every 21st Century Parent Needs to Know



Rev. Debra Haffner,
Religious Institute on
Sexual Morality,
Justice, and Healing,
Westport, CT

Parenting in the 21st century presents a new

set of challenges that require new solutions. Given the new world, parents are often bewildered by technology and media, all threatening to thwart their efforts to raise physically, emotionally and sexually healthy children. With understanding and clarity, Rev. Haffner shares extensive research, provides information and insight to debunk misconceptions, and validates the real concerns of adults working with young people today.

Rev. Haffner is the Co-Founder and Director of the Religious Institute on Sexual Morality, Justice, and Healing. A sexuality educator for more than 30 years, she was President and CEO of SIECUS from 1988 to 2000. Rev. Haffner is the author of six books, including her latest, "What Every 21st Century Parent Needs to Know."



The Boy Show, Youth Performance Company, Minneapolis, MN

Back by popular demand! The always-bold Youth Performance Company reveals everything awkward and embarrassing about "growing up guy." In their own words, boys share their perspectives on a range of subjects, from violence in video games to absent fathers and more. By turns hilarious, informative and heartbreaking, *The Boy Show* provides a glimpse into the teenage male mind.

Conference planning committee

Donna Amidon, *Minneapolis Department of Health and Family Support*

Theresa Davis, *Children's Trust Fund, Minnesota Department of Human Services*

Geri Graham, *Minnesota Department of Education*

Lindsay Gullingsrud, *Minnesota Coalition Against Sexual Assault*

Jan Hayne, *Dads Make A Difference*

Jane Jasmin, *CAP Agency/Dakota Healthy Families*

Julia Johnsen, *University of Minnesota, Center for Leadership Education in Maternal and Child Health*

Amy Kodet, *Pro-Choice Resources*

David Kurtzon, *West Suburban Teen Clinic*

Gail McMahan, *School Nurse Organization of Minnesota*

Gabriel McNeal, *Minnesota Department of Health*

Katherine Meerse, *Hennepin County, Research, Planning and Development*

Wanda Muhammad, *Community Action of Minneapolis*

Jennifer O'Brien, *Minnesota Department of Health*

Jenny Oliphant, *Healthy Youth Development-Prevention Research Center, U of MN, Division of Adolescent Health and Medicine, Dept. of Pediatrics*

Lumarie Orozco, *Casa de Esperanza*

Zachary Tift, *YouthLink*

Kristi Van Riper, *MPH*

Grit Youngquist, *Saint Paul - Ramsey County Department of Public Health*

A Thursday, 10:15 a.m. – 12:30 p.m.

These workshops are extended (2 ¼ hours each) to allow for more in-depth coverage of these important issues.

A1 **Wired Teens: Wired World: Helping Adolescents Stay Safe in Cyberspace**
Elizabeth Schroeder, EdD, MSW, Answer, Piscataway, NJ

The internet is a blessing and a curse, increasing access to information and communication, while putting a new, even more frightening face on familiar adolescent issues: unhealthy or abusive relationships, bullying and more. In a world where websites like MySpace and Facebook are vital parts of youth culture, we must teach adolescents “safe surfing”. This interactive workshop offers tips and strategies for teaching young people how to avoid falling victim.

A2 **Up from Here: Breaking the Connection between Poverty and Teen Pregnancy**
Kwain Bryant, Empowerment Exchange Charlotte, NC

The link is clear—young people who live in poverty are at greater risk of early pregnancy. What is less clear are strategies for breaking this connection—for helping adolescents build the attitudes, knowledge and skills necessary to overcome the obstacles they face. This session examines current research on poverty, examines its impact on the beliefs and behaviors of young people, and shares strategies for engaging youth, including harnessing the power of hip hop to promote positive behavior.

A3 **Rising to the Challenges of Promoting Science Based Approaches**
Tom Klaus, Advocates for Youth, Washington D.C.

If we truly want to reduce adolescent pregnancy, we must commit to using effective science-based programs and approaches. However, doing so can cause controversy if the proposed program appears to, or actually does, conflict with community values. This training offers practical strategies to help providers and educators address the community’s concerns in a respectful, thoughtful manner, while continuing to advocate for implementation of a science-based program.

A4 **A Provider’s Guide to Changing Attitudes about Sexuality**
Glynis Shea, Konopka Institute, University of MN, Mpls., MN

Despite public and scientific support, the goal of providing school-based sexuality education for all young people remains unrealized. As members of the teen pregnancy prevention community, we have first hand experience with the kind of attitudes and misconceptions about young people and sexuality—all too frequently created or reinforced by the media—that get in the way. This working session challenges you to apply research findings to your work and re-evaluate your own perceptions.

A5 **Moving from Pain to Power: Adolescent Parents’ Healing**
Bra Vada Garrett-Akinsonya, PhD, LP, Brakins Consulting and Psychological Services, Mpls., MN

Many adolescent parents need to heal before they can do the hard work necessary to reach their goals and nurture healthy children. Reclaiming power after pain is at the core of healing and wellness. Participants take a guided journey revealing powerful strategies that move individuals from experiences of pain to experiences of power. Through experiential exercises, ritual and group discussions, participants have an opportunity to explore the power they possess.

B Thursday, 2:45 p.m. – 4:00 p.m.

B1 **Solution Focused Practice for Adolescent Parents**
Richard S. Scott, RN, MPH, CPPA, Carver-Scott Educational Cooperative, Sue Schmidt, MA, New Beginnings, Chaska, MN

Research and experience tell us that when we engage adolescent parents not as “youth at risk,” but rather as “youth of promise”, positive outcomes emerge. Solution Focused Practice empowers young parents and those working with them to build on strengths while integrating principles of service learning, appreciative inquiry and project based learning. This interactive session provides theoretical insights and practical applications.

B2 **Teen Pregnancy Prevention 101**
Jill Farris, MPH, MOAPPP, St. Paul, MN

New to the field of teen pregnancy prevention? Come learn the basics including pregnancy, STI and birth statistics; trends in adolescent pregnancy and sexual behaviors; risk and protective factors; and prevention strategies that work. Participants gain a basic understanding of current research, resources and best practices for preventing pregnancy and promoting adolescent sexual health.

B3 **Top Ten Best Practices for Increasing High School Male Involvement**
Gar Kellom, PhD, Center for Men’s Leadership and Service, St. John’s University, Colleeville, MN

There is growing interest in how to engage young men—in school, in the community, in pregnancy prevention and parenting. Through a Lilly Endowment Grant, national conversations with 10 high schools and 15 colleges have identified best practices for engaging high school males. This session shares the theories and practices that have emerged from the process—offering insights to our work with young men.

B4 **Working with and Being Inclusive of GLBT Youth**
Elizabeth Schroeder, EdD, MSW, Answer, Piscataway, NJ

This interactive workshop shares effective strategies and techniques for teaching about and being inclusive of youth of all sexual orientations. It gives accurate, up-to-date information and definitions—e.g., what do we really mean by the terms heterosexual, lesbian or gay, bisexual and/or transgender—and offers specific guidelines and resources for discussing the topic regardless of the sexual orientation of the young people you serve.

Thursday Afternoon Reception & MOAPPP Awards Ceremony
Thursday, 4:00 p.m. – 5:30 p.m.

Join us for good food, good music and a great opportunity to network and socialize with other youth-serving professionals from around the state. Come and honor the individuals, agencies, policy makers and programs that make outstanding contributions in the areas of adolescent pregnancy prevention and parenting in Minnesota. Hope to see you there!

B5 Helping Teens Avoid Unintended Pregnancy

Amy Gilbert, MD, MPH,
Family Tree Clinic, St. Paul, MN

This workshop examines two approaches to decrease rates of unintended pregnancy: helping young women who are not using contraception choose and access a method that they trust and can use; and helping those who are using contraception switch to methods that work better for them.

This session describes innovative ways to bring contraception to teens, and provides information on use of long-acting methods in teen populations.

B6 Smart Investments in Minnesota's Students: A Research-based Investment Proposal

Angie Eilers, Growth and Justice,
St. Paul, MN

Minnesota faces increasing economic challenges, including a projected shortage of workers with higher-education credentials. The state must take steps now to ensure it has an educated workforce to sustain a broader prosperity—both for the state and individual citizens. To address this long-term challenge, Growth and Justice has developed a strategic framework for cost-effective investments in Minnesota's students.

B7 Rules of Engagement: Why Parents Matter

Maria Veronica Svetaz, MD, MPH and
Bibiana Garzon, MS, Hennepin Family
Care East Lake Clinic, Mpls., MN

Why are parents crucial partners for success? How do we engage parents and families in our work while honoring minors' consent? Participants will have the opportunity to discuss their motivation to work with parents of adolescents and share perceived barriers and fears of doing that work. Learn new approaches to engage parents and overcome barriers, share success stories, and review the latest research on parent involvement.

NEW THIS YEAR!

Work with adolescent parents?

Join us for breakfast! Friday, 7:30–8:30am

Meet new MOAPPP staff, share ideas and resources and network with your colleagues.

ADOLESCENT
parent
NETWORK

C Friday, 10:15 a.m. – 11:30 a.m.

C1 A Conversation with Debra Haffner

Rev. Debra Haffner, Religious Institute on Sexual
Morality, Justice, and Healing, Westport, CT

Continue the conversation with our keynote. Ask questions you were unable to ask during the general session. Delve deeper into her work and discuss its application to teen pregnancy prevention and teen parent support.

C2 Is It Monday Already? Strategies for Job Satisfaction

Kwain Bryant, Empowerment Exchange,
Charlotte, NC

Feeling tired, frustrated and angry that it's Monday? Explore strategies and new approaches to your work that will help you manage stress and feel more fulfilled, productive and committed.

C3 Redefining Fatherhood in the New Millennium

Clarence Jones, Q Health Services, Mpls., MN,
Sam Simmons, Simmons Consulting, Mpls., MN

Engaging fathers in a meaningful way continues to be a challenge for practitioners working with young parents. This workshop examines emerging strategies and tools necessary to support fathers that add value to the social and economic resources that currently exist.

C4 Getting to Outcomes: A Step-by-Step Process to Prevent Adolescent Pregnancy

Jill Farris, MPH, MOAPPP, St. Paul, MN,
Shari Plowman, MPH, Healthy Youth Development
Prevention Research Center, Mpls., MN

All of us working in adolescent pregnancy prevention want to know: are we making a difference? This workshop guides participants through the Getting to Outcomes (GTO) framework, a process that helps practitioners use a science-based approach to plan, evaluate and improve programs. GTO connects these essential ingredients for effective prevention programs.

C5 Talking with Teens about Adoption

Jenny Eldredge, Colleen Tronson and Mary Wright,
Adoption Option Committee Inc., Mpls., MN

Looking for straightforward and accurate information about adoption? This session shares comprehensive resources and proven methods for helping teens better understand this option. A birth mother will share her adoption story, and each participant will leave equipped to talk confidently with teens about adoption.

C6 There is a Reason They Act That Way: Understanding Adolescent Development

Linda H. Bearinger, PhD, RN, FAAN,
University of Minnesota, Mpls., MN

As adults, the likelihood of our success in communicating effectively with young people depends wholly on our ability to step into their shoes. Can one interpret behavior problems with a new set of lenses that considers a changing sense of self? How does their cognitive ability relate to their interpersonal skills and decision making capacity? This session examines these and other down-to-earth questions with an eye toward how development can and should shape our interactions with young people.

C7 Gaining Public Support for Young Families

Brigid Riley, MPH, MOAPPP, St. Paul, MN

Positive stories about teen parent families are often drowned out by negative stereotypes that have persisted for centuries in the U.S. This workshop reviews entrenched patterns of thinking about teen parents and the consequences of those patterns on young families. Come learn about a national initiative working to create new ways of thinking, talking and advocating for today's young families.

D Friday, 1:00 p.m. – 2:15 p.m.

D1 Sexuality Education and Faith Based Organizations

Rev. Debra Haffner, Religious Institute on Sexual
Morality, Justice, and Healing, Westport, CT

Sexuality education and faith-based organizations—working together?! Though many providers recognize the important role faith communities can and do play in sexuality education, few tap into this powerful resource. Rev. Haffner will lead participants in a series of exercises to explore the relationship between faith and their work in teen pregnancy prevention.

D2 Beyond Terminology: Gender Inclusive Sex Education

Garrett Boardman, Rainbow Health Initiative,
Mpls., MN and Amy Marsicano, Pro-Choice
Resources, Mpls., MN

Using gender inclusive strategies is central to providing quality comprehensive sexuality education. This session offers specific examples of how to respond to students' questions and make lessons gender inclusive. Workshop participants will leave with greater awareness of appropriate inclusive language and increased comfort answering questions related to gender and gender identity.

General Information

D3 Learning to Love MySpace: Web 2.0 as a Healthy Youth Development Strategy

Glynis Shea, Konopka Institute,
University of MN, Mpls., MN

Is our fear of the online world getting in the way of promoting healthy youth development? Cyber-bullying and online predators are real concerns that must be addressed—but the conversation can't stop there. Discuss new research that reveals the developmentally supportive ways young people are using the Internet.

D4 Raising Cain: Exploring the Inner Lives of America's Boys

Christopher Reif, MD, MPH,
Community-University Health Care Center,
Mpls., MN

This compelling documentary provides surprising new research about boys' inner workings, dispels commonly held misconceptions and highlights innovative programs that bring out the best in boys. Come view segments of this powerful documentary and discuss how it might inform our work with boys and young men.

D5 Strengthening Families

Joanne Mooney, MN Dept. of Human Services,
St. Paul, MN and Mary Pat Sigurdson,
Mpls. Public Schools, Mpls., MN

This workshop explores how the Minnesota Children's Trust Fund and the Minneapolis Public Schools have implemented the "Strengthening Families" framework within their adolescent parent programs. This framework utilizes five protective factors to prevent child abuse and neglect—those conditions in families and communities that have been demonstrated to increase the health and well-being of children. This presentation focuses on how this framework is useful to those working with teens and young parents.

D6 A Cultural Understanding of Skills-Based Sexuality Instruction

Cesar Atienzo, Annex Teen Clinic, Robbinsdale, MN
Laura Vang, Planned Parenthood of Minnesota,
North Dakota, South Dakota, Mpls., MN
Abdiwali Mohamed, Minnesota International
Health Volunteers, Mpls., MN

As Minnesota grows in diversity, educators working with culturally diverse youth and families need to be prepared with up to date resources. This workshop will challenge your cultural perceptions while exploring social and cultural norms and values within diverse communities. Hear from experts in the field about their experiences working with youth—and take part in this critical conversation.

Early Registration

The deadline for early registration is April 17, 2009.

Registration Fees

Fees are listed on the registration form. Registration includes participation in all sessions, program materials, refreshment breaks, continental breakfast, lunch and Thursday evening reception. We accept payment by credit card, personal check, agency check or purchase order made payable to MOAPPP.

Confirmation

An email will be sent to confirm your registration.

Cancellation Policy

Full refunds will be provided for cancellations received by MOAPPP on or before April 25, 2009. No refunds will be given after this date. To cancel, contact MOAPPP at 651-644-1447 x10, 800-657-3697, fax 651-644-1417 or moappp@moappp.org.

Scholarships

MOAPPP is committed to making this conference available to all professionals who wish to attend. If you need a partial scholarship to the conference, we encourage you to apply. To request a scholarship application, contact MOAPPP at 651-644-1447 x10, 800-657-3697 or moappp@moappp.org.

Location

The conference will be held at the Earle Brown Heritage Center in Brooklyn Center, MN. The center is located off I-694 and Hwy 100. For directions, call 763-569-3455 or visit www.earlebrown.com. NOTE: This is not the Earle Brown Center on the University of Minnesota - St. Paul campus.

Hotel Accommodations

Rooms have been held for conference participants at the Crowne Plaza Minneapolis North. Make reservations directly with the hotel by April 25, 2009 to guarantee the conference rate of \$89.00 single/double (plus tax). The hotel is located at 2200 Freeway Blvd., Brooklyn Center, 763-566-8000.

Exhibit Program

Exhibit tables are available for the two-day conference. The exhibit fee is \$225 for MOAPPP members/\$275 for nonmembers, and includes one conference registration. To obtain the exhibit application form, go to www.moappp.org to download or contact MOAPPP at 651-644-1447 x10, 800-657-3697 or moappp@moappp.org.

Special Needs/ADA

Participants with physical disabilities will find the Earle Brown Heritage Center accessible in accordance with the Americans with Disabilities Act.

Continuing Education

Certificates of attendance will be distributed at the end of each day. In addition, MN Board Application has been made to the National Commission for Health Education Credentialing, Inc. (NCHEC) for CHES Category I continuing education contact hours (CECH). Participants will be able to obtain 5.5 CEU hours on Thursday and 4.0 CEU hours on Friday.

MOAPPP Membership

MOAPPP members receive a discounted conference registration fee. If you are paying a membership fee with your conference registration, membership levels are as follows:

Organizational	\$100
Individual	\$35
Student	\$15

Organizational members may register up to five (5) representatives from their organization at the member rate. If you are unsure if you are a current individual or organizational member, please contact Charissa Osborn at 651-644-1447 x10, 800-657-3697 or moappp@moappp.org.

The annual MOAPPP membership meeting will occur during lunch on Friday.

Registration Form

MOAPPP's 18th Annual Conference

May 7-8, 2009

Early registration deadline is April 17, 2009

Please print clearly:

Name _____

Title _____

Agency _____

Program _____

Work Address _____

City _____ State _____ Zip _____

County/Counties Served _____

Work Phone _____

E-mail _____

Concurrent workshops

In order to help us plan appropriately, please indicate which workshops you plan to attend. (Circle only one per session.)

Thursday Session A A1 A2 A3 A4 A5

Thursday Session B B1 B2 B3 B4 B5 B6 B7

Friday Session C C1 C2 C3 C4 C5 C6 C7

Friday Session D D1 D2 D3 D4 D5 D6

Will you join us for the Thursday afternoon reception? yes no

Will you join us for the Friday morning APN breakfast? yes no

Would you like a vegetarian lunch? yes no

Would you like to volunteer as a workshop monitor? yes no

Monitors introduce the workshop and distribute evaluation forms.

Send your completed registration form with payment to:

MOAPPP
Attn: Conference Registration
1619 Dayton Avenue, Suite 111
St. Paul, MN 55104
Fax: 651-644-1417

Conference fees	MOAPPP Member	Non-Member	Full-time Student
Early Registration <i>(Received by April 17, 2009)</i>	\$175	\$210	\$100
Regular Registration <i>(Received after April 17, 2009)</i>	\$200	\$235	\$100
One (1) Day Early Registration <i>Please circle day: Thursday Friday</i>	\$100	\$135	\$50
One (1) Day Regular Registration <i>Please circle day: Thursday Friday</i>	\$125	\$160	\$50

Scholarships are available. See general information for details.

2009 MOAPPP Membership Fees

Organizational = \$100 Individual = \$35 Student = \$15

Payment Information

Payment must accompany your registration form.

Conference fees total: \$ _____

Membership fees total: \$ _____

TOTAL: \$ _____

Method of payment (please choose only one)

CHECK

Check enclosed made payable to MOAPPP.

Check requisition in process (please include contact person and phone # in case check does not arrive).

Contact: _____

CREDIT CARD

Visa Mastercard American Express Discover

Card #

Expiration Date

Name on Card _____

Signature _____

(Note: Statement will reflect a charge from CharityBox.com)

BILL ME *(choose this option only if your agency needs a purchase order to make payment.)*

Bill my agency using purchase order # _____ and direct correspondence to the following staff person:

Name _____

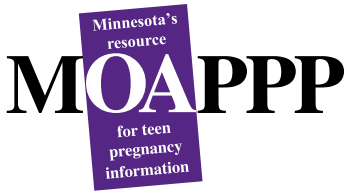
Mailing Address _____

City, State, Zip _____

Phone _____

Questions?

Please call or e-mail
MOAPPP
651-644-1447 x10
or 800-657-3697
moapp@moapp.org



Minnesota Organization on Adolescent Pregnancy, Prevention and Parenting
1619 Dayton Avenue, Suite 111, St. Paul, MN 55104

Non-profit Organization
U.S. Postage
PAID
Permit No. 1693
St. Paul, MN

MOAPPP's **18th Annual** Conference

Register today!



MOAPPP's **18th Annual** Conference

May 7-8, 2009

Earle Brown Heritage Center, Brooklyn Center, MN



Register today!

