



## Join MOAPPP today!

**Become a MOAPPP member** and be a part of the largest member-based organization in the state of Minnesota dedicated to adolescent pregnancy prevention and adolescent parent support. Member benefits include the following:

- A complimentary professional publication when you join and every year you renew.
- Advance notice and reduced rates for MOAPPP sponsored trainings and the MOAPPP annual conference.
- Subscription to the quarterly eight-page Monitor and monthly electronic E-Monthly filled with current information, research and resources.
- Plus more...

MOAPPP offers membership at three levels: Organization (includes up to five staff) \$100 per year, Individual \$35 per year and Student \$15 per year.

**To join today...** go to MOAPPP's website at [www.moappp.org](http://www.moappp.org) and click on *Become a Member* or call 651.644.1447 ext 10.



Minnesota Organization on  
Adolescent Pregnancy, Prevention and Parenting  
1619 Dayton Avenue, Suite 111, St. Paul, MN 55104

# MOAPPP

## Training and Education Calendar

### JULY – DECEMBER 2010



Non-profit  
Organization  
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Permit No. 1693  
St. Paul, MN

MINNESOTA ORGANIZATION ON ADOLESCENT  
PREGNANCY, PREVENTION AND PARENTING



[www.moappp.org](http://www.moappp.org)

MOAPPP is dedicated to developing and strengthening policies and programs that promote adolescent sexual health, prevent adolescent pregnancy and support adolescent parents. MOAPPP provides resources, training, education and advocacy throughout Minnesota on what works to prevent adolescent pregnancy and support adolescent parents.

***It's That Easy! A Guide to Raising Sexually Healthy Children: Facilitator Training***

July 13, 2010 – 8:45 a.m. – 4:00 p.m.  
July 14, 2010 – 10:30 a.m. – 4:30 p.m.  
Winona County Community Health Services, Winona, MN

September 27-28, 2010  
8:30 a.m. – 4:00 p.m.

Webster Open Elementary School,  
Minneapolis, MN

**\$50 MOAPPP Member**  
**\$85 Non-member**

If you work with parents/caregivers of children ages birth to 18, you are in a unique position to support them in their critical role as sexuality educators for their children. However, sexuality is not always easy to discuss. Come learn tools and techniques to engage parents/caregivers in developmentally appropriate approaches to raising sexually healthy children. Participants receive the ***It's That Easy*** manual, a comprehensive guide designed to help you work with parents in your community.

***Safer Choices: Training of Educators***  
July 20 & 21, 2010 – 8:30 a.m. – 4:30 p.m.  
July 22 – 8:30 a.m. – 12:30 p.m.

Minnesota Department of Education,  
Roseville, MN

**\$175 MOAPPP Member**  
**\$210 Non-member**

***Safer Choices*** is an evidence-based curriculum taught over two consecutive years, 10 lessons in 9th grade (Level One) and 10 lessons in 10th grade (Level Two). ***Safer Choices*** involves teachers, parents, and community members to have a positive influence on adolescents' decisions regarding sex and help them feel supported in making healthy choices. In addition to the 2 ½ days of highly interactive training, each participant receives a copy of the ***Safer Choices*** curriculum, student workbooks and activity kit.

***Making Proud Choices!: Training of Educators***

August 3 & 4, 2010 – 8:30 a.m. – 4:30 p.m.

August 5 – 8:30 a.m. – 12:30 p.m.

Minnesota Department of Education,  
Roseville, MN

**\$175 MOAPPP Member**  
**\$210 Non-member**

***Making Proud Choices!*** is an 8-module curriculum that provides adolescents with the knowledge, confidence and skills to reduce their risk of STI/HIV and pregnancy. This curriculum, designed for youth ages 11-13, emphasizes waiting to have sex or using condoms if young people choose to have sex. In addition to the 2 ½ days of highly interactive training, each participant receives a copy of the ***Making Proud Choices!*** curriculum, an activity set, and video clips.

***Issues in Working with Teen Parents***  
August 2010

8:30 a.m. – 4:00 p.m. Two days  
National Center for Parents as Teachers,  
Minneapolis, MN

**\$350**

This two-day training, facilitated by Parents as Teachers, offers constructive insights into teen parents, their children and the issues they face. Participants will gain insight into adolescent brain development and the developmental characteristics unique to adolescents; parallel developmental needs of both teen parent and child; techniques to enhance teen parents' feelings of confidence and competence and strategies to help them transition into adulthood; strategies to address the special family dynamics and multigenerational issues teen parents face; strategies to facilitate father involvement; and parent group meetings and personal visits. This workshop includes Parents as Teachers 800+ page curriculum and parent handouts CD for use in teen parent programs.

This calendar reflects MOAPPP's training and educational opportunities offered July through December 2010. Detailed program information and registration materials are available on the MOAPPP website, [www.moapppp.org](http://www.moapppp.org), six weeks prior to each event.

We invite you to take advantage of these opportunities to gain valuable information, build your capacity to provide effective services and programs, and network with other youth

***Minnesota Reproductive Health Update***  
September 14, 2010

8:00 a.m. – 5:00 p.m.

University of MN Continuing Education and  
Conference Center, St. Paul Campus

**\$30 Title X funded participants**  
**\$75 non-Title X funded participants**

This training provides the latest information in reproductive health practice, research, and technology. Specialists in the field will address contraceptive technologies, updates on STI/HIV and emergency contraception, serving people on the transgender spectrum, a political update and more. This conference is designed for nurses, clinicians, health educators, and anyone interested in current information on reproductive health issues. Nursing and CHES continuing education contact hours will be offered for this event. A pre-conference male exam training is planned for September 13. For more information on the Minnesota Reproductive Health Update, please visit [www.hcet.org](http://www.hcet.org).

*Sponsored by the Title X Region V Training Project of Health Care Education and Training, Inc.*

***Teen Pregnancy Prevention 101***  
September 23, 2010

9:00 a.m. – 3:30 p.m.

Snell Motors, 1900 Madison Avenue  
Mankato, MN

**\$50 MOAPPP Member**  
**\$85 Non-member**

This training is intended for professionals new to the field of adolescent pregnancy prevention. Participants review the basics of adolescent pregnancy prevention including pregnancy, birth and STI statistics; trends in adolescent pregnancy and sexual behaviors; basics of adolescent growth and development; risk and protective factors associated with adolescent pregnancy; and prevention strategies that work. Each participant will gain a basic understanding of current research and resources, what to do to promote adolescent sexual health and where to go for more information and support.

***Meeting the Unique Needs of Adolescent Mothers and Fathers***

Fall 2010

9:00 a.m. – 4:00 p.m.

Location TBD, West Central Minnesota

**\$50 MOAPPP Member**  
**\$85 Non-member**

Adolescent parent programs strive to facilitate long-term self-sufficiency, build parenting capacity and ensure the healthy growth and development of the children born to young parents. This workshop examines adolescent development; national and state data related to adolescent parents; systems that impact adolescent parents; strengths, opportunities and challenges young parents bring to their new role; and current research on best practices for working with adolescent parents. Participants will also learn practical tips for helping adolescent parents understand their children's perspective, fun ways to communicate parenting concepts, and other activities for use with young families.

***Access to Education for Pregnant & Parenting Teens***

September 30, 2010

8:30 a.m. – 3:00 p.m.

Minnesota Department of Education  
St. Paul, MN

**\$25**

Title IX of the Education Amendments of 1972 guarantees equal educational opportunity for pregnant and parenting students and prohibits actions like forcing attendance at special schools or failing to make accommodations for medical and physical needs. This forum will discuss the important role of Title IX in guaranteeing access to high quality public education while addressing the rights and needs of pregnant and parenting adolescents. Participants will be divided into two tracks; one for those working directly with youth and one for administrators and policymakers.

serving professionals from around the state. MOAPPP is committed to making these workshops available to all professionals who wish to attend. Scholarships are available for all events listed in this brochure.

If you have questions or need additional information, please contact MOAPPP at [moapppp@moapppp.org](mailto:moapppp@moapppp.org) or 651.644.1447 x 10.

***¡Cuidate!: Training of Educators***

October 5 & 6, 2010 – 8:30 a.m. –

4:30 p.m.

October 7 – 8:30 a.m. – 12:30 p.m.

Minnesota Department of Education,  
Roseville, MN

**\$175 MOAPPP Member**  
**\$210 Non-member**

***¡Cuidate!*** – which means “take care of yourself” – helps youth develop the knowledge, attitudes, and skills to reduce their risk for HIV. This curriculum, designed for Latino youth ages 13-18, emphasizes risk reduction strategies such as waiting to have sex and condom use while highlighting cultural values that support safer sex, and reframing cultural values that are perceived as barriers to safer sex. In addition to the 2 ½ days of highly interactive training, each participant receives a copy of the ***¡Cuidate!*** curriculum.

***Teen Outreach Program Facilitator Training***

November 8 - 10, 2010

Minnesota Department of Health, Snelling  
Office Park, St. Paul, MN

**\$175 MOAPPP Member**  
**\$210 Non-member**

The ***Teen Outreach Program (TOP)*** is a nationally acclaimed, science-based curriculum to prevent adolescent pregnancy and help youth succeed in school. Designed for youth ages 12-19, ***TOP*** incorporates a strong service-learning component based on principles of youth development. ***TOP*** has been successfully implemented in a variety of settings and with diverse populations. In addition to the 2½ days of highly interactive training, one participant from each agency receives a copy of the ***TOP*** curriculum.

***What About the Baby? Nurturing Healthy Attachment in Young Families***

December 2010

9:30 a.m. – 3:30 p.m.

Location TBD, St. Paul, MN

**\$50 MOAPPP Member**  
**\$85 Non-member**

Early learning happens in the context of relationships. This workshop focuses on the importance of relationship — between adolescent parents and their children and between young families and the professionals who work with them. Participants will gain insight into the strengths and challenges faced by young parents, the competing developmental agendas of adolescent parents and their children, and strategies for promoting relationships that lead to the healthy development of both parent and child.

**Registration:** Detailed program information and registration materials are available on the MOAPPP website, [www.moapppp.org](http://www.moapppp.org), six weeks prior to each event.

**Cancellation Policy:** Full refunds will be provided for cancellations received by MOAPPP at least one week prior to the training. No refunds will be given after that time. To cancel, contact MOAPPP at 651.644.1447 x10, 1.800.657.3697, fax 651.644.1417 or by e-mail at [moapppp@moapppp.org](mailto:moapppp@moapppp.org).